



Thriving, Christ-Centred, Learning Community

FROM OUR PRINCIPAL

Dear Carlisle Family,

As a Christ-centred learning community, we believe curiosity is a gift. God has created a world filled with complexity, beauty and possibility, and given us minds to explore it. Our role is not simply to fill students with information, but to help them become thoughtful, discerning and compassionate young people who use their learning to serve others.

Book Week was a lot of fun, and it was great to see students and staff get involved. The parade brought plenty of colour and laughter to the campus, along with some creative costumes. While dressing up is a highlight, Book Week is about helping young people enjoy reading and discover the people, places and ideas that books open up.

Science Week invited a different kind of learning, with opportunities for students to ask questions, test ideas and explore how things work. It was wonderful to see their curiosity and excitement as they took part in the activities.

Books and science may seem different, but they share something important. Both invite students to look beyond what they know, ask "What if?" and keep exploring.

Weeks like these remind us that learning does not always need to feel serious to be meaningful. Some of the best learning happens when students are interested, having fun and keen to find out more.

A big thank you to the staff who put time and effort into making these weeks happen, and to the families who helped with costumes and encouraged students to get involved. These special events take plenty of work behind the scenes, but they add so much to the life of our College.

I encourage you to ask your child what story captured their imagination or what discovery surprised them.

Blessings,

Dale Skinner
Principal



Term 3, Week 6
28 August, 2026

IMPORTANT DATES

SENIOR EXAM BLOCK
Monday, 31 - 11 September

YEAR 9 CAMP
Tuesday, 1 - 3 September

FATHERS DAY STALL
Tuesday, 1 September

READY SET PREP SESSION 1
Wednesday, 2 September

DONUTS WITH DADS
Thursday, 3 September

STUDENT FREE DAY
Friday, 4 September

YEAR 12 FORMAL
Thursday, 17 September

LAST DAY TERM 3
Friday, 18 September

NOTICES

GET TO KNOW YOUR BIBLE

Have you ever wanted to read the Bible but weren't quite sure where to start? Or perhaps your children come home with Bible questions and you wish you felt more confident answering them?

Get to Know Your Bible is a relaxed and welcoming opportunity for parents to explore the Bible, ask questions and build a stronger understanding of God's Word. You don't need to be an expert, and you don't need to have grown up reading the Bible — simply come along with an open mind and a willingness to learn.

Together, we'll discover how the Bible is organised, where to begin reading, how to find Bible verses, how the different books of the Bible fit together, and how to understand the stories and messages they contain. We'll also look at how the Bible can help us answer some of life's big questions and give us practical guidance for everyday life and parenting.

Most importantly, it's a chance to grow in your own faith and become more confident when having conversations about God and the Bible with your children.

Whether you're picking up a Bible for the first time or simply want to understand it better, you are very welcome to come along.



Get to know your Bible!

**Have you ever wanted to read the Bible but don't know where to start?
Do your children come home with Bible questions you don't know how to answer?**

**Wednesdays from 2:20 – 3:00!
Chaplaincy Hub.**

Please sign in and out at the office.

Hosted by Arlene Jurello, local Seventh-Day Adventist church member and relief teacher.



Bring: notebook, pen and a Bible if you own one, but we have plenty to share if you don't.



UPCOMING EVENT

THURSDAY, 3 SEPTEMBER

DONUTS

SECONDARY
12:45 - 1:25
PRIMARY
1:30 - 3:00

Located in Quad
Photos fundraiser - \$5



WITH DAD

CARLISLE WAY



Carlisle Way Awards – Week 5 & 6

“Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.”
Ephesians 4:32



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CHAPLAINCY

CARLISLE LEADS CHURCH SERVICE

Last Sabbath, the Carlisle school community had the wonderful opportunity to lead the church service at Farleigh Seventh-day Adventist Church. It was a beautiful day of worship, fellowship and celebrating the gifts God has given our students and staff.

Our children's story was particularly enlightening, reminding us that even when we feel broken, God can still use us and give our lives purpose. It was a powerful message and a wonderful reminder that God sees our potential even when we may not see it ourselves.

We were especially proud of one of our Year 7 students, who shared the Word with confidence and spoke incredibly well. His message reminded us of the importance of faith and trusting that God is guiding us, even when we cannot see what lies ahead.

Our choir and praise and worship team also did a wonderful job, and it was fantastic to see students of all ages involved throughout the service. It truly highlighted the many ways God is working in the lives of our Carlisle students and staff.

Most importantly, it was wonderful to see our church and school communities come together as one. The service was a beautiful reflection of our shared faith and the importance of creating opportunities for our students to use their gifts, serve others and grow in their relationship with God.

"Trust in the Lord with all your heart and lean not on your own understanding." — Proverbs 3:5

We are grateful for the opportunity to worship, serve and celebrate together, and for the ways we continue to see God working through our Carlisle community.



COMMUNITY

YEAR 12 CAKE AUCTION A GREAT SUCCESS!

What a fantastic afternoon and evening we had at our Year 12 Cake Auction! There was plenty of fun, laughter, delicious food and, most importantly, an amazing show of support for our Year 12 students.

We are so excited to share that the auction raised an incredible \$8,842.01 towards the Year 12 Samoa Service Trip!

There was something for everyone, with an amazing assortment of cakes and slices, along with some very creative novelty cakes. And really, who doesn't want to throw a pie at a teenager or, even better, the Principal? The Pie in the Face fundraiser brought plenty of laughs and was definitely a highlight of the afternoon!

Strawberries, corn and pumpkins were also auctioned off, with plenty of enthusiastic bidding helping to boost our fundraising. The evening finished with an outstanding dinner and was a wonderful opportunity for our school community to come together and celebrate.

Making a Difference in Samoa

The funds raised will help make our Year 12 Samoa Service Trip possible. This is about more than simply getting our students to Samoa. It is an opportunity for them to serve others, build relationships and make a real difference in the community they visit.

Through practical service and working alongside the local community, our students will have the chance to put their faith into action and experience the joy of giving back. We hope this will be an experience they remember for years to come and one that helps shape their understanding of service and compassion.

We are not quite at our goal yet! We still have plenty of pumpkins to sell and more fundraising opportunities coming up, so please keep spreading the word and supporting our Year 12 students.

A huge thank you to everyone who baked, donated, bid, purchased, volunteered or simply came along to support the event. What an amazing effort from our Carlisle community!

*"Each of you should use whatever gift
you have received to serve others."*

1 Peter 4:10



COMMUNITY



BOOK WEEK

BOOK WEEK AT CARLISLE

What a wonderful celebration of books, stories and imagination we have had this Book Week!

Our students have enjoyed a week filled with fun activities, including scavenger hunts, guessing games and our much-loved story time under the trees. We have loved seeing students pause, listen and enjoy a good story together in the fresh air.

Of course, one of the biggest highlights was our Book Week Costume Parade! Our students arrived in so many creative and imaginative costumes, with many families going the extra mile to create handmade costumes. The effort, thought and creativity that went into bringing favourite book characters to life was wonderful to see.

Our staff also joined in the fun, embracing the opportunity to dress up and celebrate their favourite characters and stories alongside our students. Throughout the week, there have been plenty of conversations about favourite books, beloved characters and what makes reading so special.

It has been wonderful to see so many of our students excited about books, storytelling and sharing their love of reading. Book Week has reminded us that stories can spark imagination, bring people together and take us on adventures without ever leaving the page.

What a fantastic week of celebrating the joy of reading at Carlisle!



BOOK WEEK



BOOK WEEK WITH KINDYROOS AND WALLABIES

Our KindyRoos and Wallabies had a wonderful day celebrating Book Week! The excitement was high as the children arrived dressed as their favourite book characters. We saw dinosaurs, Bluey, Paw Patrol characters, pirates and even Thing One and Thing Two!

The children were thrilled to head over to the big school and take part in the Book Week parade. It was a wonderful opportunity for our younger students to join in the celebrations and see the creative costumes worn by our older students.

A big congratulations to our KindyRoos winners, Hayden and Raya, for their fantastic costumes! Back in Kindy, our children enjoyed a range of fun activities throughout the day. The KindyRoos explored The Very Hungry Caterpillar through hands-on experiences, bringing the much-loved story to life through play, creativity and learning. Our Wallabies enjoyed plenty of outdoor fun, including playing in the sandpit, practising their balancing skills on the obstacle course and enjoying a favourite game of Duck, Duck, Goose.

It was a fun, adventurous and memorable day filled with books, imagination, creativity and plenty of smiles.

A huge thank you to all our families for the time and effort you put into the children's costumes. Everyone looked amazing, and the children were so proud and excited to show off their special outfits!

What a wonderful way to celebrate our love of books, stories and imagination!



OSHC

Outside School Hours Care



OSHC THROUGH OUR STUDENTS' EYES

It's always wonderful to hear what our students enjoy most about OSHC. Recently, we asked some of our students to share what makes their time at OSHC special.

For some, it's all about creativity and imaginative play. Tess loves playing in the home corner, kitchen and making crafts, while Aubrey enjoys spending time in the kitchen corner. Sophia especially loves that OSHC gives her plenty of opportunities to get creative with different craft activities.

Others enjoy spending time with friends and getting involved in their favourite activities. Zach enjoys playing handball, while Ashton loves reading Minecraft books and playing with friends.

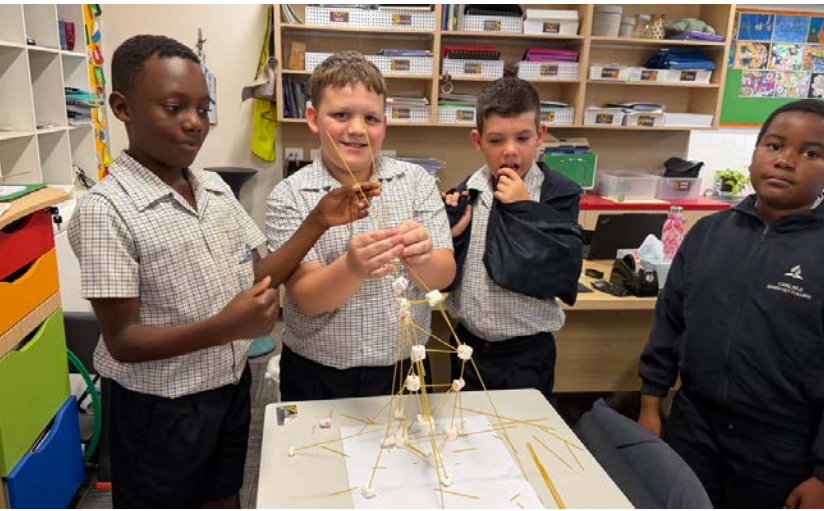
Our students also shared some lovely words about our educators. Seth said, "Ms Sandra is very nice and the staff are nice about when I go home super late, especially Ms Sandra and Ms Skye."

These comments are a lovely reminder of what makes OSHC such a special part of our school community — a place where children can play, create, read, make friends and feel cared for. We're so proud of the welcoming and supportive environment our OSHC team provides each day.



PRIMARY

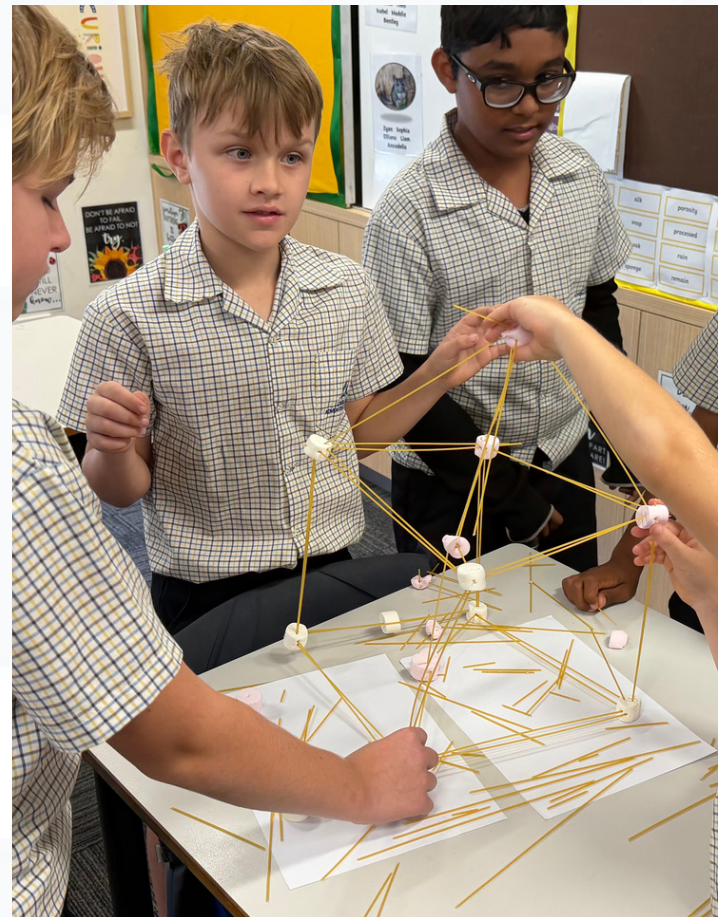
BUILDING UP A LITTLE SCIENCE FUN!



Our Primary students had a fantastic time putting their engineering skills to the test during Science Week! Working in teams, students were challenged to build the tallest tower possible using just spaghetti and marshmallows.

There was plenty of creativity, problem-solving and teamwork as students experimented with different designs and discovered what made their towers strong and stable. Some towers stood tall and proud, while others provided a few laughs as they came tumbling down!

It was a fun, hands-on way for students to explore science, engineering and design while working together. Well done to all our budding engineers who took on the challenge!



PRIMARY/SECONDARY



CURIOSITY IN ACTION!

What a fantastic week of exploring, experimenting and discovering at Carlisle!

Science Week finished last Friday with most of our school gathering in the Quad to watch our Year 9 students showcase their science skills. They became the experts for the afternoon, demonstrating activities, answering questions and getting students involved.

It was wonderful to see so many curious minds exploring everything from static sparks and oobleck to rocks, shells, bugs and optical illusions. Science Week has reminded us that some of the best learning happens when we ask questions, get hands-on and discover things for ourselves!



"Great are the works of the LORD; they are pondered by all who delight in them." - Psalm 111:2



SECONDARY



WOODWORK

This term in Year 8 Woodwork, we have been given the task of making a speaker to make the sound from our phones louder. We decided to make a speaker because sometimes our phones are hard to hear, especially when we are in a loud environment. There are different stages involved in making the speaker, and we must follow each step carefully.

For the first five weeks, we mostly did theory work and planned our speaker designs. We learnt about different types of wood, how to safely use tools, measurements and how to design our speaker. We also had to draw and plan what we wanted our speaker to look like before we could start making it.

After five weeks of planning, I was really excited to finally start making the speaker. Unfortunately, we did not get as much done as we had hoped this week, but we still made a good start. We made three sides and the base of our speaker. We had to measure the wood carefully and make sure the pieces were the right size. It was important to be accurate because if the measurements were wrong, the pieces might not fit together properly.

I am looking forward to seeing what my speaker looks like when it is finished. I also want to see what everyone else's speakers look like because we all made different designs. Hopefully, they will all work well and make our phones louder.

I think learning about woodwork and how to design and make things is a great skill to have. It gives us knowledge that we could use in the future and helps us learn how to use tools safely. Even though we did not get a lot done this week, I am excited to keep working on my speaker and see how it turns out.

Written by Chante



WELLBEING MATTERS

THE IMPORTANCE OF SLEEP FOR CHILDREN



Sleep is more than just rest, it plays an important role in children's physical health, emotional wellbeing, learning and development. When children don't get enough sleep, they can find it harder to concentrate, manage their emotions, remember information and enjoy their day.

Busy schedules, homework, technology, after-school activities and late-night screen use can all make it difficult for children to get the rest they need. Even losing a small amount of sleep each night can add up over time.

How can families encourage healthy sleep habits?

- Keep a consistent bedtime and wake-up routine, even on weekends where possible.
- Encourage children to wind down with quiet activities before bed.
- Keep phones, tablets and other screens out of the bedroom at night.
- Create a calm, comfortable and dark sleeping environment.
- Encourage regular physical activity during the day.
- Talk with your child about how they are feeling if they seem unusually tired, irritable or withdrawn.



Getting enough sleep helps children arrive at school ready to learn, connect with others and make the most of their day. By making sleep a priority, families can support children to grow, learn and flourish — both at school and at home.

Small changes to bedtime routines can make a big difference to a child's wellbeing.

WELLBEING MATTERS



CARLISLE
ADVENTIST COLLEGE

SAFE CHILDREN. STRONG COMMUNITIES. BRIGHTER FUTURES.

Child Safe Incident or Concern Reporting

We are committed to the safety, wellbeing and protection of every child and young person at Carlisle Adventist College.

If you have a concern, incident or behaviour that may place a child or young person at risk of harm or adversely impact their wellbeing, please use our Child Safe Incident or Concern Reporting Form.

**IF YOU SEE SOMETHING,
SAY SOMETHING.**

THE FORM IS AVAILABLE TO:



Parents &
carers



Staff
members



Volunteers



Contractors



Visitors



Members of the
wider community

Reports may be submitted anonymously. However, while anonymous reports will be taken seriously and assessed appropriately, anonymity may limit our ability to investigate a concern fully or provide feedback regarding the outcome.

All reports are managed in accordance with our Child Safety Policies and Procedures.



FOR STUDENTS

An Anonymous Submission of Concern Form is also available. You can access this form via SEQTA Learn, in hard copy in Dem 1 corridor.

HOW TO ACCESS THE FORM:



Via the school website



Through SEQTA Engage



Scan the QR code below



Through direct links
provided by the College



Scan here to report
a concern

**Together, we can help ensure Carlisle Adventist College remains
a safe, supportive and respectful environment for every student.**



SPORTS

SENIOR VOLLEYBALL FINALS

Our Senior Volleyball teams gave it their all in the finals this week, showing incredible passion, teamwork and determination on the court.

Our girls were triumphant, while our boys demonstrated wonderful sportsmanship, accepting the result with grace and pride. Having both teams reach the finals is a fantastic achievement and a testament to their commitment and dedication throughout the season.

A special part of the night was seeing our students bring their faith onto the court. They gathered in prayer before the games and continued to pause and pray throughout the matches, supporting and encouraging one another.

Our teams truly lived out the Carlisle CARE values of Compassion, Achievement, Respect and Effort, reminding us that success is about so much more than the final score.

We are incredibly proud of both teams and the way they represented Carlisle. Well done!



RECIPE OF THE WEEK

PUMPKIN & VEGETABLE CURRY

Support our Year 12 Service Trip Fundraiser by purchasing a pumpkin from the school and then give this delicious Pumpkin Veggie Curry a try!

Every pumpkin purchased helps our Year 12 students get one step closer to their fundraising goal. Buy a pumpkin, support our students, and enjoy a tasty family meal!

Ingredients

- 1-1.2 kg pumpkin
- 1 onion, diced
- 2 cloves garlic, crushed
- 1 tbsp grated fresh ginger
- 1-2 tbsp curry powder
- 1 tsp ground cumin
- 1 tsp ground turmeric
- 1 red capsicum, sliced
- 1 zucchini, chopped
- 1 carrot, sliced
- 1 can chickpeas, drained
- 1 can diced tomatoes
- 1 can coconut milk
- 1 tbsp vegetable oil
- 1 cup vegetable stock
- Salt and pepper, to taste
- Fresh coriander, to serve
- Cooked rice, to serve

Method

1. Heat the oil in a large pot and sauté the onion for 3-4 minutes.
2. Add the garlic, ginger, curry powder, cumin and turmeric. Cook for about 1 minute until fragrant.
3. Add peeled and chopped pumpkin, carrot and capsicum. Stir to coat in the spices.
4. Add the tomatoes, coconut milk and vegetable stock. Bring to a simmer.
5. Cover and cook for 15 minutes, stirring occasionally.
6. Add the zucchini and chickpeas and cook for another 10-12 minutes, until the pumpkin is tender but not falling apart.
7. Season with salt and pepper.
8. Serve over rice with fresh coriander.

Extra delicious:

Stir through a spoonful of peanut butter near the end for a creamy satay-style pumpkin curry.

Make it mild:

Use a mild curry powder and add a little extra coconut milk.



Pumpkin Fun Fact!

Did you know pumpkins are actually a fruit, not a vegetable? Botanically, they're a fruit because they develop from a flower and contain seeds!



WHAT ON AROUND MACKAY

FIND A CHURCH THIS SABBATH

Looking for somewhere to worship and connect with others this Sabbath? There are several Seventh-day Adventist churches around the Mackay and Whitsunday region, each offering a welcoming place to spend Sabbath morning.

Whether you have been attending church for years, are looking for a new church family, or simply want to visit somewhere different, you are warmly invited to come along. You're bound to find a friendly, familiar face at one of the churches!

Sabbath Worship Times and locations,

Mackay Central SDA Church

📍 83 Milton Street, Mackay

Sabbath School: 9:30 am

Church Service: 10:50 am

North Mackay SDA Church

📍 19 Holack Street, North Mackay

Sabbath School: 9:30 am

Church Service: 11:00 am

Farleigh SDA Church

📍 12 Wainai Road, Farleigh

Sabbath School: 9:30 am

Church Service: 11:00 am

Walkerston SDA Church

📍 Corner McColl & Bridge Streets, Walkerston

Sabbath School: 9:30 am

Church Service: 11:00 am

Proserpine SDA Church

📍 7 Faust Street, Proserpine

Sabbath School: 9:30 am

Church Service: 11:00 am

Bowen SDA Church

📍 Corner Poole & Gregory Streets, Bowen

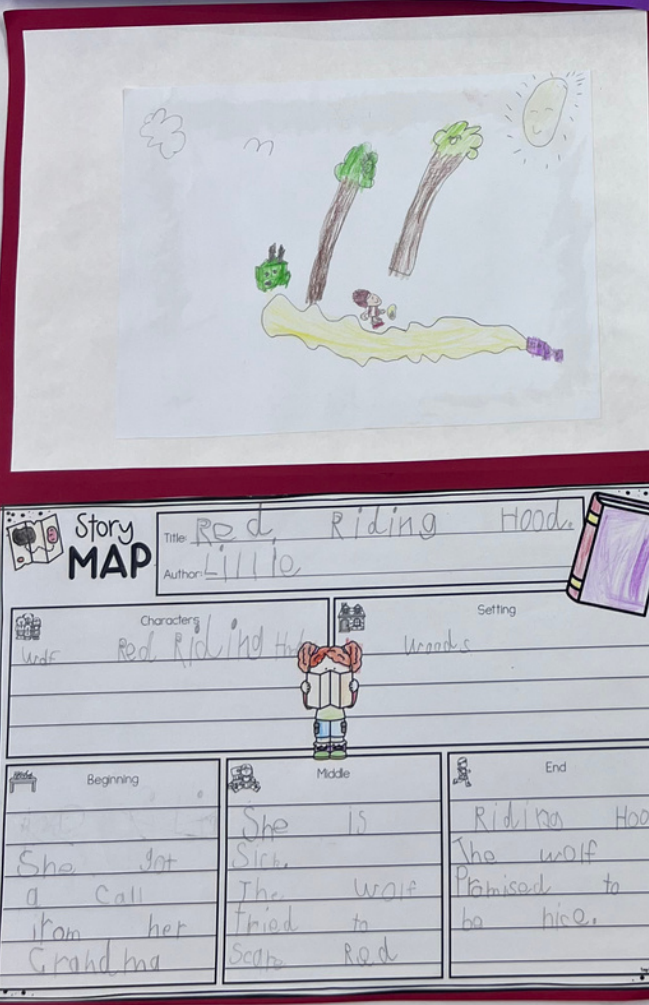
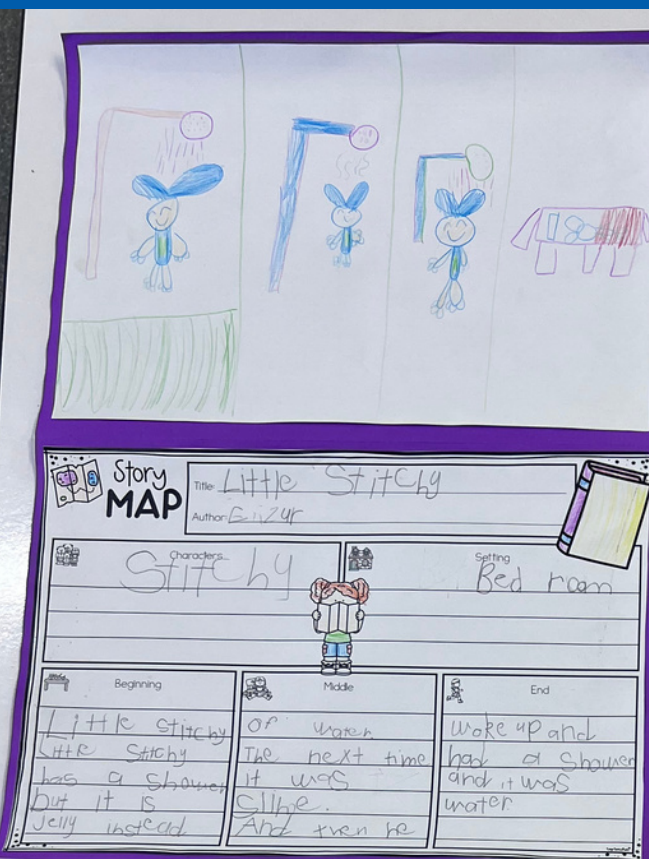
Sabbath School: 9:30 am

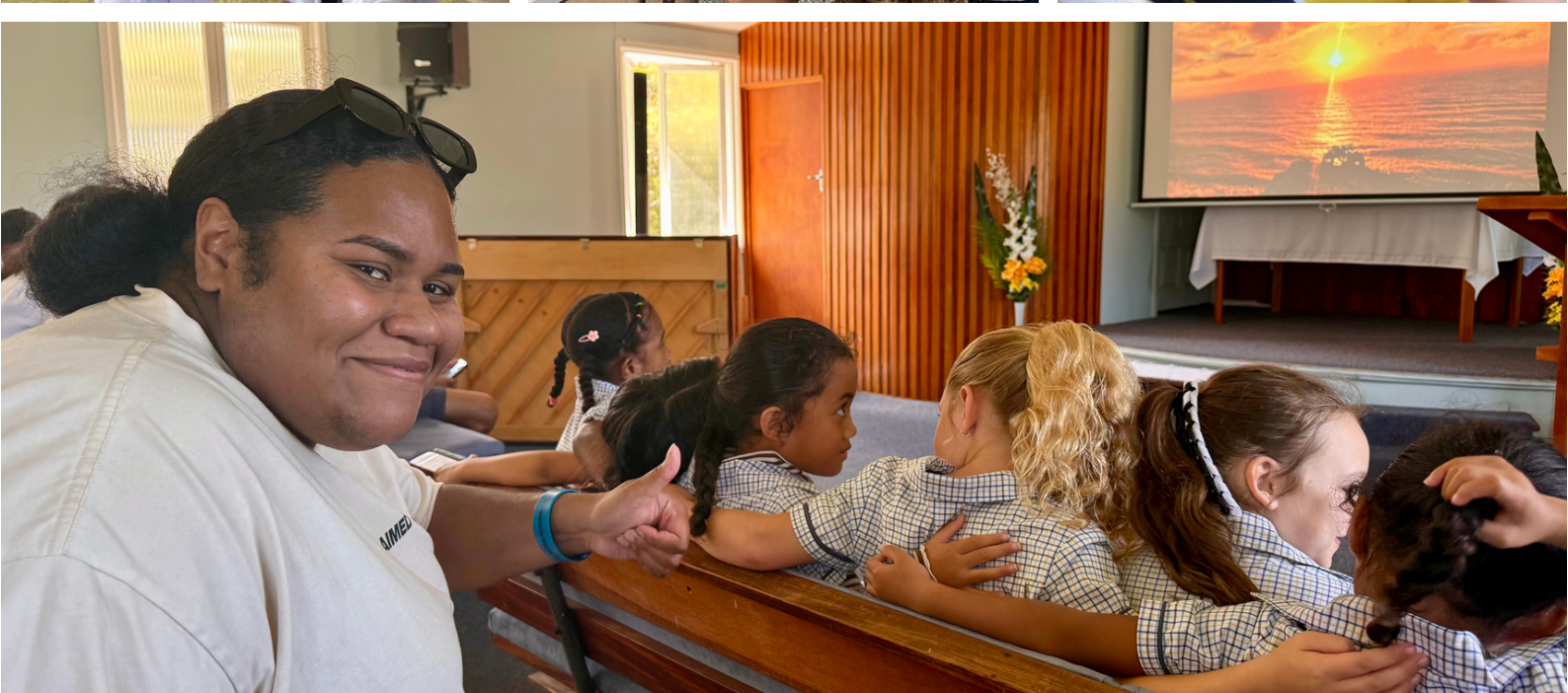
Church Service: 11:00 am

Sabbath is a wonderful opportunity to slow down, put aside the busyness of the week and spend time with God and with one another. So why not visit a church this Sabbath? You never know who you might bump into!

Service times may occasionally change, so please check with the individual church before attending.

STUDENT WORK





"Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver."

2 Corinthians 9:7

