



CARLISLE  
ADVENTIST COLLEGE

**TERM  
ONE  
2026**



# TERM OVERVIEW

# TERM ONE 2026

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEKEND
1	Australia Day Public Holiday 26	First Day Term 1 27				Dedication Sabbath 30-1
2		Welcome Dinner 3			Primary Swimming Begins 6	7-8
3	P&F AGM Meeting 9					
4	Random Act of Kindness Day 16		Year 10 Camp 18	Year 10 Camp 19	Year 10 Camp 20	21-22
5	WOW - Week Of Worship 23	WOW 24	WOW 25	WOW 26	WOW 27	WOW - Church Service 28-1
6	Clean up Australia Day 2		Colour Run 4			7-8
7	P&F Meeting 9	Parent Teacher Interviews 10	NAPLAN Begins 11	Year 11 Camp 12	Year 11 Camp 13	Year 11 Camp 14-15
8	Year 11 Camp 16	Year 11 Camp 17	Bus Driver Appreciation Day 18	Year 11 Camp 19		21-22
9			Swimming Carnival 25		Year 7/10 Immunisations/ MESH 27	MESH - Church Service 28-29
10				Last Day of Term 2	Good Friday 3	Easter Weekend 4-5
11		Vacation Care Begins 6				11-12
12					Vacation Care Finishes 17	18-19

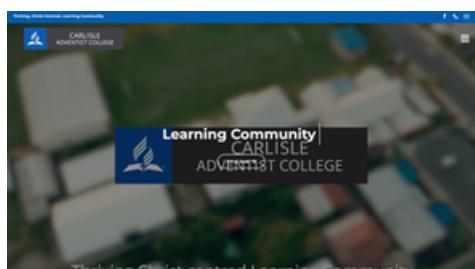


# CALENDAR

THIS MONTH						
SUN	MON	TUE	WED	THU	FRI	SAT
26	27	28	29	30	31	1
		the wide range	8:30 am - 3:10 pm First Day Of Term 1 2023		8:30 am - 2:00 pm PB4L Fun Day	10:30 am - 11:30 pm Church Dedication Service
2	3	4	5	6	7	8
		5:00 pm - 7:00 pm Year 10 Dinner			8:30 am - 3:00 pm Primary Swimming Begins	
9	10	11	12	13	14	15
	3:30 pm - 6:30 pm Year 10 Camp					
16	17	18	19	20	21	22
	Random Act of Kindness		Year 10 Camp			

## STAY IN THE LOOP!

By following the steps below, you can keep up to date with all the major events happening throughout the year. Don't miss out on key dates, stay connected and informed!

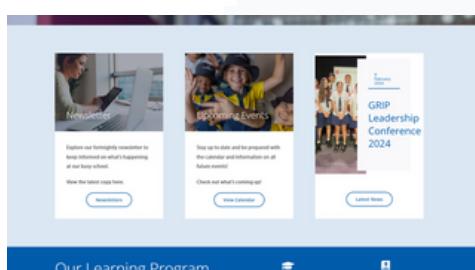


Step 1 - Head to our website at <https://www.carlisle.qld.edu.au/>

Step 2 - Scroll down to find Upcoming Events

Step 3 - Click on View Calendar

Step 4 - Scroll down to bottom to find



12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

[Subscribe to calendar](#)

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[Export .ics file](#)

[Export Outlook .ics file](#)



# CHAPLAINCY

## Sharing the Words of God



At Carlisle, we are blessed to be part of a community where faith and learning come together. This year, our pastor and dedicated chaplaincy team are committed to creating meaningful opportunities for students and staff to grow spiritually through the teachings of God's Word.

The Bible reminds us in Psalm 119:105, "Your word is a lamp to my feet and a light to my path." These words speak to the power of scripture in guiding us through life's journey. Through weekly devotions, chapel services and personal interactions, our chaplaincy team seeks to shine God's light into our hearts, helping us navigate both challenges and joys with faith and purpose.

Throughout the year, the chaplaincy team will be running a range of programs and experiences designed to support and nurture our school community. These include Breakfast Club, MESH programmes, Week of Worship, church services and many other events and activities that provide opportunities for connection, reflection and spiritual growth.

Our pastor brings enthusiasm and insight that connect with young hearts, encouraging students to live with courage, kindness and compassion. Alongside this, the chaplaincy team continues to provide steady, caring support, reminding our community of God's everlasting love and grace. Together, they are planting seeds of hope, faith and love that will continue to grow within our school community.

Whether through prayer, scripture reading or taking time to reflect on God's blessings, we encourage every member of our school family to embrace these opportunities to connect with Him. As we are reminded in Proverbs 3:5-6, "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight."

May this year be one where we draw closer to God and uplift one another in His name.



# EVENT



YOU ARE INVITED TO OUR

# Welcome

## DINNER

AND INFORMATION SESSION

**Tuesday, 3rd February**

**3:30 PM - 7:00 PM**

**Carlisle Adventist College**

Join us for a wonderful evening to:

- ★ Meet your child/ren's classroom teacher.
- ★ Connect with other families in our Carlisle community.

Dinner is on us!

No need to bring anything—just your company.

# DEDICATION SERVICE



# SUPERVISION AND COMMUNICATION

At Carlisle College, the safety and wellbeing of our students is our top priority. To ensure a secure environment and maintain accurate attendance records, we kindly ask all families to adhere to the following procedures.

## School Access and Early Pick-Ups

During school hours, all parents must enter through the front gate and report to the school office before collecting their child early. Please note that the back gate is strictly for access before and after school hours only.

## Attendance Sign-In and Sign-Out

To help us maintain precise attendance records:

Students arriving after 8:38 AM must sign in at the school office.

Students leaving before 3:00 PM (Primary) or 3:10 PM (Secondary) must also sign out at the office.

If your child will be away from school for any reason, please notify the office. You can either:

Send an email to [Absences@carlisle.qld.edu.au](mailto:Absences@carlisle.qld.edu.au)

Call and leave a message on the absences phone mailbox: (07) 4942 7455

For absences longer than three days, a medical certificate or exemption form is required.

## Meeting with Teachers

If you wish to discuss your child's progress or raise any concerns, we encourage you to contact their teacher via email to arrange an appointment. Mornings are a busy time, and scheduling a meeting helps us provide dedicated time and attention to your child's needs.

## Morning Supervision and Daily Schedule

- Morning supervision begins at 8:15 AM. Students should remain seated in the quad with their school bags until this time.
- The first bell rings at 8:38 AM, allowing students to line up and prepare for class, which starts promptly at 8:40 AM.
- The school day concludes at 3:00 PM for Primary students and 3:10 PM for Secondary students.

## Break Times

### Primary:

- Lunch: 11:05 am – 11:45 am
- Recess: 1:30 pm – 1:50 pm

### Secondary:

- Recess: 10:42 am – 11:02 am
- Lunch: 12:46 pm – 1:26 pm



[reception@carlisle.qld.edu.au](mailto:reception@carlisle.qld.edu.au)

[absences@carlisle.qld.edu.au](mailto:absences@carlisle.qld.edu.au)

07 4942 7455

# PARKING

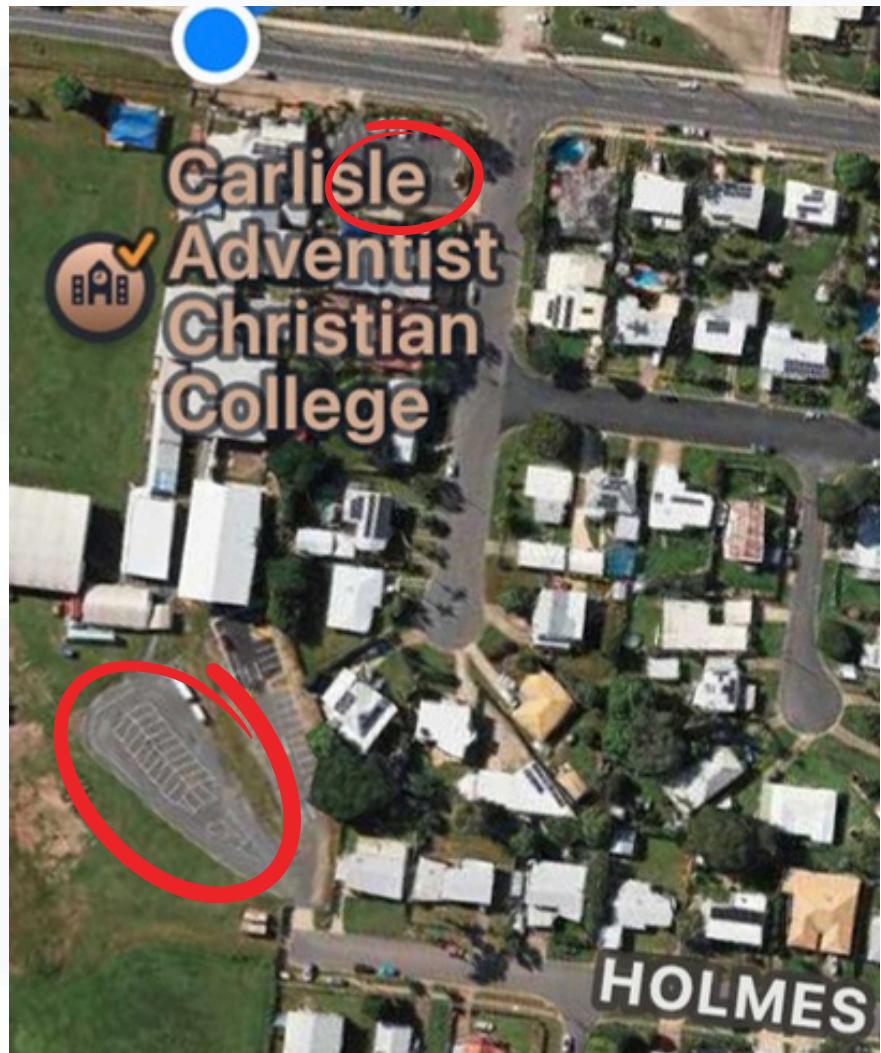
## PARKING & KISS AND DROP

To help ease congestion during drop-off and pick-up times, families who plan to walk their child into school or meet them at pick-up are encouraged to use the back car park, accessible via Holmes Drive, where plenty of parking is available. This helps keep the front area clear for lower primary Kiss and Drop and our ELC families.

If you are driving in for pick-up, please ensure your family name is clearly displayed on your car visor so staff can call your child promptly. If you require a new name visor, please email [reception@carlisle.qld.edu.au](mailto:reception@carlisle.qld.edu.au). Our staff will prepare a set and send them home with your student.

A friendly reminder: the Kiss and Drop zone is for families who remain in their vehicles only. For longer stays, please find a park. Parents are kindly asked not to enter the school grounds until 2.45 pm. If you need to collect your child earlier, please report to the front office via the front of the school.

Thank you for helping us keep our school community safe, organised, and flowing smoothly.



# NOTICES

## UPDATED STUDENT CODE OF CONDUCT

We have been working on an updated version of our, Code of Conduct to ensure it continues to support a safe, respectful and inclusive learning environment for all students.

As part of this process, we sought feedback from parents and staff. Their valuable insights have helped guide our review, and we are now in the process of bringing all feedback together into the final document.

Our Deputy Principal, Mr Daniel Spero, has been leading this work with a strong focus on clarity, consistency and fairness, ensuring the Student Code of Conduct is clear, balanced and supportive for all students.

We look forward to sharing the updated Student Code of Conduct with our school community once it is finalised.



## SCHOOL FEES

As we move into Term 1, we would like to remind families that Term 1 school fees are due by Friday, 30 January, unless you have already commenced a payment plan with the school. We appreciate families making every effort to keep accounts up to date, as this supports the ongoing operation and programs of the College.

For families who prefer a flexible option, direct debit payment plans are available. Fee statements will be emailed directly to families, and your current account balance can also be viewed at any time through the Finance section of the SEQTA Engage app, providing a convenient way to stay informed.

If you have any questions, require assistance, or would like to discuss payment options, please contact Kerrilyn, our Finance Officer, at [accounts@carlisle.qld.edu.au](mailto:accounts@carlisle.qld.edu.au). We are always happy to assist and work with families where needed.

Thank you for your prompt attention and continued support of our school community.



<https://carlisle.cp.adventist.edu.au/>

# MEDICAL

## STUDENT'S MEDICAL INFORMATION

To support the health and safety of all students, families are reminded of the importance of keeping student medical information up to date as we begin the new school year.

Please ensure the school office is informed of any medication your child takes, even if it is not required during school hours. This includes providing current action plans and relevant medical documentation. Accurate information allows staff to respond quickly and appropriately in an emergency, particularly during events such as camps, excursions, and special activities.

Any medication required during school hours must be handed in to the Student Services Officer. All medication must be clearly labelled by a chemist, and for safety reasons, medication must be dropped off and collected by a parent or carer.

Families are also asked to regularly check the expiry dates on all medication supplied to the school. Expired medication cannot be administered, so keeping medications in date is essential for effective care.

Keeping medical details current in our system also assists staff with preparation and risk management for camps and off-campus activities.

Thank you for working with us to ensure every student is safe, supported, and ready for a positive year of learning.



# PRIMARY SPORTS

This term, our students are diving into an exciting Term 1 sports program!

Every Friday, primary students will visit the Marlins Swim School to take part in a structured swim program led by qualified instructors. This fantastic opportunity allows students to build strength, coordination, and confidence, all while having fun in the water. Starting week 2, 6 February and concluding week 9, 27 March.

In addition to swimming, our students are gearing up for some colourful and energetic events. The much-loved Colour Fun Run is back, promising plenty of laughs and vibrant splashes, and, for a change this year, we will also be holding our Swimming Carnival in term 1, giving students another chance to showcase their skills and enjoy healthy competition.

In secondary students will be utilising the vast array of activities that our staff have installed for them netball, volleyball, basketball and much more onsite activities.



Formal	UNIFORMS					Sports
	Monday	Tuesday	Wednesday	Thursday	Friday	
Prep		HPE				Sports
Year 1		HPE				Sports
Year 2		HPE				Sports
Year 3		HPE				Sports
Year 4		HPE				Sports
Year 5		HPE				Sports
Year 6		HPE				Sports

# SECONDARY SPORTS

## SECONDARY UNIFORM

Below is a breakdown of the days secondary students are required to wear their sports uniform. Students should mark these days on their timetable.

Please ensure that student sports uniform guidelines are followed. The sports uniform is only to be worn on the designated days and must be worn correctly as outlined in our uniform policy.



Formal	UNIFORMS					Sports
	Monday	Tuesday	Wednesday	Thursday	Friday	
WEEK A						
Year 7				Sports		
Year 8						
Year 9						HPE
Year 10					HPE	
Seniors					HPE	
WEEK B						
Year 7				Sports		
Year 8						
Year 9						HPE
Year 10		HPE				
Seniors					HPE	

# SPORTS CARNIVALS

## COLOUR FUN RUN

4 MARCH 2026

Get ready to run, laugh, and get colourful!

We're excited to invite students to a fun-filled day of colour, community, and fundraising. Participants will run, walk, or jog their way through bursts of colour while supporting our school.

More information, including event details and how to get involved, will be shared soon – stay tuned!



## SWIMMING CARNIVAL

MARCH 25, 2026

8:30 - 2:30PM



### LOCATION

Mackay Aquatic & Recreation Complex

193 Boundary Rd, Ooralea QLD 4740

COME ALONG AND COLLECT POINTS FOR YOUR HOUSE

# UNIFORMS

Each student requires two types of uniforms: a formal uniform and a sports uniform. Carlisle Adventist College takes pride in who we are, and our uniform reflects our shared identity, values, and sense of belonging. Wearing the College uniform encourages students to present themselves with confidence and respect while fostering unity across our school community.

Please visit the Uniform Solutions online store for current items and pricing.

Below, we've included a detailed list and images of the correct uniform to ensure everyone is clear on the expectations:

## **Uniform Presentation:**

- All items should be clean, neat, and worn correctly.
- Shirts for male students must be tucked in, and appropriate footwear must be worn.

## **Hair Guidelines:**

- Hair should be neat and tidy.
- Shoulder-length hair or longer must be tied up for safety and hygiene.

## **Jewelry & Accessories:**

- A single ear piercing is permitted, with simple gold or silver studs.
- Other forms of jewelry or excessive accessories are not allowed.

## **Hair Colour:**

- Natural hair colours - no dyed or brightly coloured hair

If a student is out of uniform for any reason, parents or guardians are required to notify the office or their child's home room teacher. This communication ensures that the student avoids receiving a reflection for being out of uniform.

We appreciate the support of our families in ensuring these standards are upheld, as it promotes pride in our school and enhances the learning environment.

Thank you for your cooperation as we continue to uphold the values and traditions of our school.

## **Sport Uniforms - Unisex - All Ages**

Shorts	Navy blue unisex sport shorts with school logo.
Shirt	Carlisle Adventist College navy and gold sports shirt with logo.
Shoes	Sports jogger - no canvas.
Socks	Ankle length white socks. (to cover ankle bone)
Hat	Bucket or brimmed navy hat with Carlisle Adventist College logo. (These are available from the school office)



# UNIFORMS

## Primary Uniforms - Girls Formal

Dress	A-line, zip front dress of Carlisle Adventist College blue and gold check.
Shirt	Carlisle Adventist College blue and gold check, buttoned front over blouse with a school logo on the pocket.
Skirt	Navy blue skort (skirt and shorts in one).
Shoes	Formal black lace up, polishable school shoes. Velcro tie black shoes can be worn by students in the Prep class. No sand shoes or fashion type shoes.
Socks	White crew socks. (to cover ankle bone)
Hat	Bucket or brimmed navy hat with Carlisle Adventist College logo. (These are available from the school office)
Pullover or Zip Jacket	Plain navy blue with logo.
Winter addition	Plain navy tights 70 Denier



## Primary Uniforms - Boys Formal

Shorts	Navy blue, long legged school shorts
Shirt	Carlisle Adventist College blue and gold check shirt.
Shoes	Formal black lace up, polishable school shoes. Velcro tie black shoes can be worn by students in the Prep class. No sand shoes or fashion type shoes.
Socks	Knee high navy blue socks with gold and blue stripes.
Hat	Bucket or brimmed navy hat with Carlisle Adventist College logo. (These are available from the school office)
Pullover or Zip Jacket	Plain navy blue with logo.

# UNIFORMS

## Secondary Uniforms - Girls Formal

Skirt	Navy blue, bodice topped, six pleat skirt, touching the knee.
Shirt	Buttoned front, navy blue pinstriped over blouse.
Tie	Regulation school tie – to be worn all year.
Socks	White crew socks. (to cover ankle bone)
Pullover or Zip Jacket	Plain navy with logo.
Shoes	Formal black lace up, polishable school shoes.
Hair Ties	Blue, white, gold/yellow or black – Uniform style.
Hat	Bucket or brimmed navy hat with Carlisle Adventist College logo.(These are available from the school office)
Winter addition	Plain navy tights 70 Denier



## Secondary Uniforms - Boys Formal

Shorts	Navy blue tab sided, school shorts (long legs).
Shirt	Buttoned front, navy pinstriped with a collar suitable for a school tie.
Tie	Regulation school tie – to be worn all year.
Socks	Knee high, navy blue socks with yellow bands.
Pullover or Zip Jacket	Plain navy with logo.
Shoes	Formal black lace up, polishable school shoes.
Hat	Bucket or brimmed navy hat with Carlisle Adventist College logo.(These are available from the school office)
Belt	Black leather belt.

# POLICY DOCUMENTS

To ensure we run a smooth and productive year please ensure you familiarise yourself with some of the procedures mentioned below, particularly if you are a new family to Carlisle or simply need a refresher.



SEQTA Engage is a school app to help keep you informed of what is happening at Carlisle. The SEQTA app allows you to see your child/ren's Term reports, subjects, and what uniform to wear. In the Secondary School you can also see your child/ren's timetable and assessments.

New technology can be daunting for some, so if you are unsure how to set up SEQTA please follow the instructions on the next page.



**SEQTA ENGAGE**

Consent2Go

2Go. We ask  
information and  
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At Carlisle we use an electronic platform called Consent2go to streamline and fasten all processes to do with permission slips and healthcare. If you are new to Carlisle, you would have received an e-mail from the school entitled "Student Profile Update Invitation". It will look like the photo to the left. Please check your junk email if you have not received it and add Carlisle as a Safe Sender so you continue to receive our emails. We kindly ask that you check your child's medical details and confirm our records.

# SETUP SEQTA



## 1) Download this app onto your device

Parents URL -

<https://carlisle.cp.adventist.edu.au/>

### Add account

If you have a welcome code, scan it to set up SEQTA Engage automatically.

You can also tap the "Connect mobile app" button on the settings page in SEQTA Engage to setup an account if you are logged in using your

## 2) When you first open the app it will ask you to set up a username and password

Welcome to SEQTA Engage.

Mrs Isabelle Millien, Carlisle has created a SEQTA Engage account for you.

[Set up your account now.](#)

Download the app to get push notifications and fingerprint authentication:

Right-click or tap and hold here to download pictures. To help protect your privacy. Outlook a...

Right-click or tap and hold here to download pictures. To help protect your privacy. Outlook a...

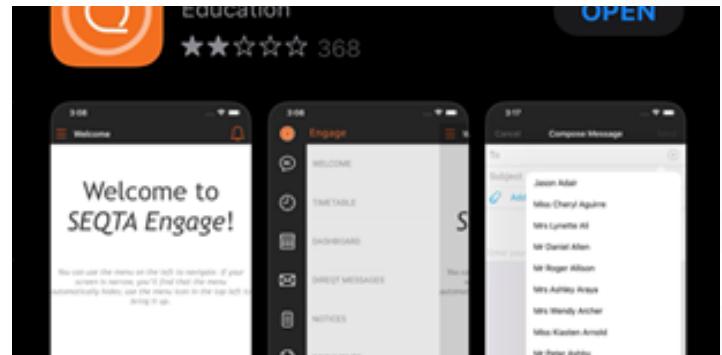
## 3) Have your 'Welcome' email ready

Enter the username and password you want to use to access SEQTA Engage.

USERNAME

PASSWORD

## 4) Scan your QR code from email or Select I have a code.

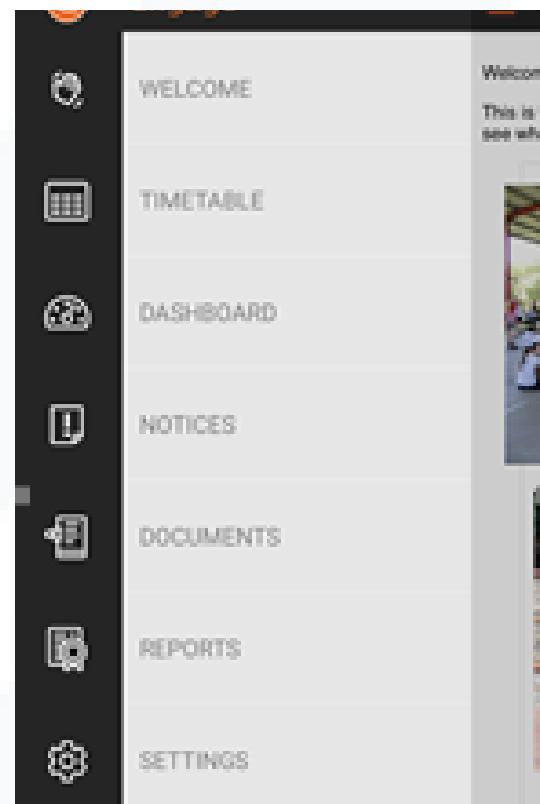


5) Once you are in you can click on the 3 lines in the top left.

6) The bell in the top right is the notifications and lets you know when the school has sent out something.

7) Each of these tabs will give you different bits of information

- Timetable (secondary) - you can swap between children
- Notices - There is a Primary and Secondary one that is updated every Sunday evening
- Documents - School policies and forms
- Reports - Past reports



# BEHIND THE SCENES

As the new school year begins, you'll notice that our staff have been hard at work over the past few weeks, preparing Carlisle Adventist College for a fantastic start. Our office team is up and running, ready to assist students and parents with any enquiries.

Teachers have been busy planning engaging lessons, and our classrooms are eagerly awaiting the students' creative touch. The walls may look a little bare now, but soon they will be filled with students' wonderful work.

We also welcome some new, friendly faces to our teaching team, who have spent the holidays learning the ins and outs of life at Carlisle. Meanwhile, our maintenance team has been keeping the school in top shape with concreting and general upkeep, all under the watchful eye of our dedicated cleaner. Over the holidays, she has thoroughly cleaned lockers, walls, and every corner of the school, making sure everything is sparkling and ready for the students to arrive.

It's been a busy start to the year behind the scenes, and we're excited for students and families to return.



# NEW STAFF

## Ms Sue Roche

My Name is Sue Roche. I will be teaching secondary English and aquatic studies. Outside od school, I enjoy staying active and spending time outdoors. Some of my hobbies include golf, fishing & boating. My background includes gymnastics coaching. I look forward to bringing my enthusiasm for sports, education and positive relationships into the school year and getting to know everyone.



## Mrs Donna Knight

My name is Donna Knight. I am excited to join Carlisle as the prep teacher. I have a passion for teaching and enjoy all it has to offer. We moved to Mackay 5 years ago from down south. I enjoy walking my dog on the beach and spending time with family.



## Mrs Kylie McDonald

My name is Kylie McDonald. I will be teaching in Year 3 along with Mrs Hale. My husband and I have 6 children. We serve as assistant pastors in our church and have a heart for youth ministry. I want to bring the love of God to all that I do. My passion is for children to know their value, worth and identity in christ. My interests are camping, sport, reading and family time. I am excited for the year ahead.



## Ms Sandra Ngoma

My name is Sandra Ngoma I will be teaching science and Biology. I have been teaching for about 20 years. I was born in Malawi, Africa. I have two children. I love teaching Adventurers and have led in the children's ministries department at The Gardens Severth Day Adventist Church in South Africa.



# NEW STAFF

## Mrs Michelle Triggs

Hi my name is Michelle Triggs. I'm from Tauranga in Aotearoa (NZ) - land of the long white cloud. My husband and I have just arrived in Mackay, ready to experience more of beautiful Queensland! We have spent the last 9 months travelling around Europe, doing a mature age O.E, which included lots of pet sitting and a few work away experiences.

I'm a Secondary school teacher, excited to be back in teaching! Education has been my vocational passion for more than 20 years. I love building relationships with my students, helping guide them towards their passion and potential.



## Miss Vineta Taala Nili

My name is Vineta Taala Nili and I will be teaching English. I proudly represent my Samoan and Futunan heritage. I have recently moved to Mackay from my home, New Zealand. I enjoy spending time with my family and friends, love travelling and sports such as soccer, touch and volleyball. I am looking forward to meeting the students, and working with staff and excited to see what 2026 has in store for Carlisle. 😊



## Mrs Melissa Polley

My name is Mel Polley, and I am a mum to four wonderful children and wife to a very supportive husband. I am not new to Carlisle, as all of my children have come through our ELC, and this year my youngest is starting Prep.

I am excited to be taking on a more permanent teaching role in 2026, working alongside Mrs Liz Thomas in Year 4. Outside of school, I spend most of my time at gymnastics and swimming, and when I can, I enjoy going for walks and spending time with my family. I am passionate about teaching at Carlisle and look forward to a great year ahead.



# PRIMARY FACES



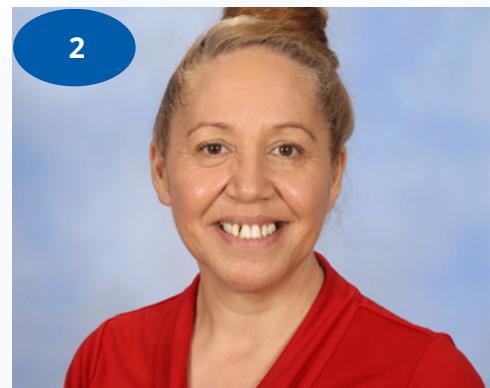
These are the faces of our incredible primary teach a team of passionate and dedicated educators who pour their hearts into shaping the minds and futures of our students. Everyday, they bring creativity, care, and inspiration into the classroom, ensuring each child feels supported, valued, and empowered to reach their full potential. Together, they make a difference in the lives of our students and our school community!



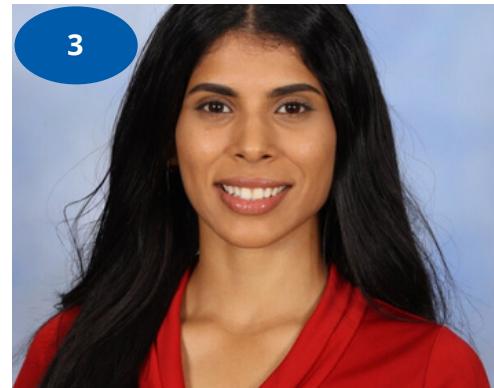
**Mrs Donna Knight**



**Mrs Susan Bobongie**



**Miss Annamarie Pavelik**



**Mrs Tanisha Hale**



**Mrs Kylie McDonald**



**Mrs Liz Thomas**



**Mrs Mel Polley**



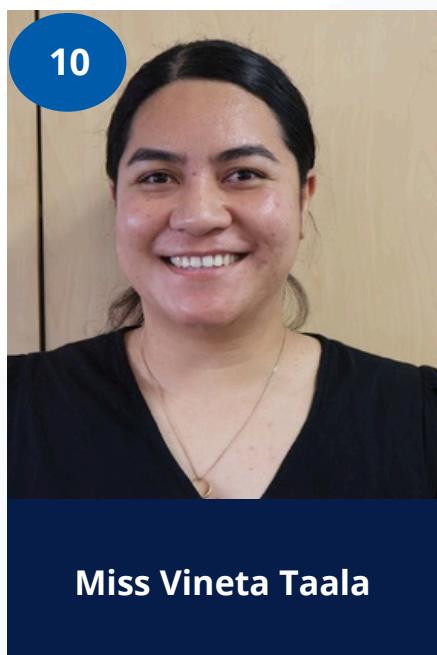
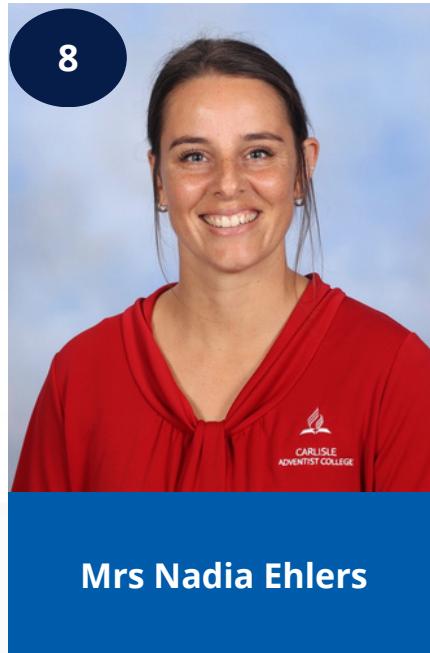
**Mrs Danielle Skinner**



**Ms Anneli McBride**

# SECONDARY FACES

Each morning, secondary homeroom teachers welcome students into a positive and supportive environment. Homeroom time allows teachers to mark rolls, share important updates, and provide assistance to students, ensuring they are prepared for the day ahead. It's a valuable opportunity to connect, build relationships, and create a sense of community within our school.



# FRIENDLY FACES

As well as our primary and homeroom teachers, all our staff are eager to welcome students and families back to school. Together, we look forward to sharing in God's Word and fostering a community centered on our core values of Compassion, Achievement, Respect, and Effort (CARE).

*"Two are better than one, because they have a good return for their labour."  
Ecclesiastes 4:9*



# OSHC

Outside School Hours Care



## SCHOOL BASED OPERATING HOURS

### Before School Care

6.30am - 8.15 am  
\$25.00 Perminate rate  
\$26.00 Casual  
CCS available for eligible families

### After School Care

3.00pm - 6.00pm Mon -Thurs  
3.00pm - 5.30 pm Fri  
\$32.00 Perminate  
\$33.00 Casual  
CCS available for eligible families

## SCHOOL HOLIDAY OPERATING HOURS

6.30am - 6.00pm Mon - Thurs  
6.30am - 5.30pm Fri  
\$64.00 Normal Day Rate  
\$84.00 Incursion/ Excusing  
CCS available for eligible families

BOOK NOW

Email: [oshc@carlisle.qld.edu.edu.au](mailto:oshc@carlisle.qld.edu.edu.au)

# VOLUNTEERS

We are looking for volunteers to support a variety of programs across the school. Opportunities include:



- Tuckshop - Assisting in preparing, packing and serving.
- Prep – InitiaLit Reciprocal Reading – volunteers will need to watch a short video to become familiar with the process.
- Years 1–2 Tier 2–3 Reciprocal Reading
- Teaching Aide Assistance – book covering, preparing car visors and homework folders on Mondays and Fridays, overseen by Jodey Simpson
- Individualised (Tier 3) Support – for ATSI students, overseen by Indigenous Coordinator Nicole
- EAL/D Additional Support – primary class support, overseen by Diverse Learning Coordinator Kathy
- Breakfast Club – setup and assistance with the Chaplaincy team
- Gifted and Talented Projects – enrichment support and supervision for designated students
- Veggie/Herb Garden – creation, care, and support to provide fresh ingredients for Food Technology & Tuckshop
- Rock and Water Program – supervision to support the Wellbeing initiative, overseen by Deputy Principal Daniel

All you need is a Blue Card, which our office staff can assist you with, and a passion for helping our students grow.

For more details, please contact Katie in our office: [katie.pringle@carlisle.qld.edu.au](mailto:katie.pringle@carlisle.qld.edu.au)



# TUCKSHOP

At Carlisle, our Tuckshop operates on Monday, Wednesday, and Friday each week. Orders can be made through the Flexischools app, or you can write your child's name, class, and lunch order on an envelope with the money enclosed and send it along on the day.

The Tuckshop opens at 8:15 am for order collection, and the cut-off for orders is 9:00 am. We are also looking for volunteers to help in the Tuckshop. Mary, our Tuckshop convener, is always eager for a little assistance - please feel free to drop in to say hello or contact her via email at [Tuckshop@carlisle.qld.edu.au](mailto:Tuckshop@carlisle.qld.edu.au). Come join us for a chance to serve amazing home-cooked meals that will satisfy every hungry student!

## OUR CANTEEN IS ONLINE WITH

The logo for Flexischools, featuring the word "flexischools" in a white, lowercase, sans-serif font with a stylized "f" that has a green leaf-like shape on its left side.

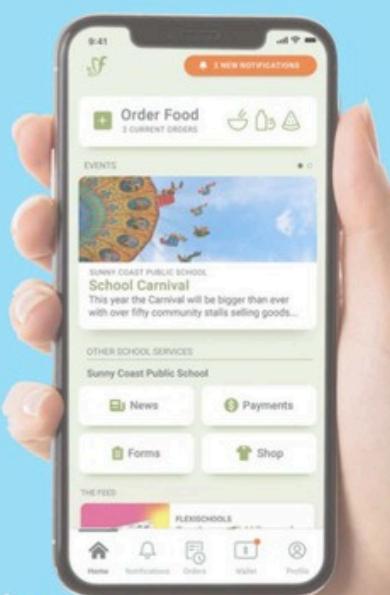
**With Flexischools, you can quickly place school orders online through the Flexischools app, which has a 4.8-star App Store rating!**

- Order and pay in seconds
- Quickly re-order your favourites
- See up-to-date menus and items

Download the app, create your account and place your next order online via Flexischools.



Download the app & register for Flexischools



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# TUCKSHOP



CARLISLE  
ADVENTIST COLLEGE

## Tuckshop Menu

Full Vegetarian Menu with Dietary Catering Options Available

Cash & Eftpos Available  
Operation hours: 8:15am – 1pm  
Monday, Wednesday & Friday

Beverages		
Fruit Juice Popper Variety (Apple, Apple & Black current, Orange, Golden Pash)	\$2.00	
Glee – Sparkling Fruit Juice (Grape, Raspberry, Tropical)	\$3.00	
Sparkling Water	\$2.00	
Water	\$2.00	
Breaka Milk (Chocolate or Strawberry)	\$2.00	
Up&Go Variety (Caramel, Chocolate, Strawberry, Banana, Vanilla)	\$2.00	
Dairy Free Up&Go Variety (Chocolate & Strawberry)	\$2.00	
Smoothies (Mixed Berry, Malt & Honey, Choc Banana)	\$4.00	
Dairy Free Smoothies (Mixed Berry, Malt & Honey Choc Banana)	\$4.00	
Snack Attack		
Seasonal Fruit (apple: red or green/ banana / orange)	\$2.00	
Seasonal Fruit Salad Cup (Watermelon, Strawberries, Blueberries, Orange, Apple & Banana)	\$3.00	
Jelly Cup (Raspberry, Tropical, Orange)	\$2.00	
Boiled Egg	\$2.00	
Chips Variety (Pringles – Sour Cream & Onion, Salt & Vinegar, Original, Veggie Straws – Sourcream & Herb, Sunbites – Sour Cream & Chives, Sea Salt, Cheddar & Chives, Potato Stix - Original)	\$2.00	
Popcorn Variety (Original, Sweet & Salty)	\$2.00	
Cookies x 2	\$1.00	
Frozen Delights		
Mini Frozen Yogurt	\$1.50	
Frozen Yogurt Cup	\$3.00	
Crush Frenzy	\$0.50	
Shakey Shake	\$1.00	
Zooper Dooper	\$0.50	
Frozen Popper	\$2.00	
Zooper Dooper - Classroom Pack	\$10.00	

Everyday Basics		
Fresh Sandwich (veggemite, vegemite & cheese, jam, honey or spaghetti)	\$2.50	
Toastie (veggemite & cheese, cheese, cheese & tomato or spaghetti)	\$3.00	
Fresh Salad Sanga	\$3.50	
Fresh Salad Roll	\$3.50	
Fresh Salad Wrap	\$3.50	
Everyday Salad Variety		
Garden Salad Bowl (lettuce, tomato, red onion, cucumber, capsicum, carrot, optional dressing)	\$5.00	
Caesar Salad Bowl (lettuce, red onion, cucumber, croutons, capsicum, boiled egg, and dressing)	\$5.00	
Sweet Treats		
Pikelets (2) with Jam	\$2.00	
Banana Bread	\$2.00	
Chooccy Weetbix Slice	\$2.00	
Carrot Cake	\$2.00	
Fairy Scone	\$2.00	
Muesli Slice	\$2.00	
Hot Box Options		
Monday		
½ Pizza (Veggo Sensation, Cheese)	\$5.00	All Year Availability
Garlic Bread	\$1.00	
Wednesday		
Dog Roll	\$2.50	
Spinach & Feta Roll	\$4.00	All Year Availability
Vegetarian Roll	\$4.00	
Veggie Burger	\$6.00	Term 1 & 4
Schnitty Burger	\$6.00	
Potato Bake	\$5.00	Term 2 & 3
Friday		
Fried Rice	\$5.00	All Year Availability
Garlic Bread	\$1.00	
Wedges with Sauce	\$5.00	
Loaded Wedges (Sour Cream, Cheese & Sweet Chilli)	\$5.00	Term 1 & 4
Spaghetti Bolognese	\$5.00	Term 2 & 3

Daily Combo's		
All Combo's include your choice of a drink from our popper or Up&Go flavoured options and a treat from our sweet treat's selection.		
Monday		
Pizza Hut Combo 1/4 Slice of Pizza (Veggie Sensation or Cheese) and Garlic Bread.	\$10.00	All Year Availability
Wednesday		
Burger Combo Burger Bun with Choice of Vegie Patty or Schnitty, Fresh Salad, Cheese and Choice of Sauce.	\$10.00	Term 1 & 4
Friday		
Roll Combo Choice of Vegetarian Roll, Dog Rolls or Spinach & Feta Roll, Served with Wedges, and Choice of Sauce.	\$10.00	All Year Availability
Potato Bake Combo Homemade Potato Bake served with Garlic Bread.	\$10.00	Term 2 & 3
Friday		
Wedge Combo Loaded Wedges with Sour Cream, Cheese & Sweet Chilli	\$10.00	Term 1 & 4
Fried Rice Combo Vegetarian Fried Rice served with Garlic Bread.	\$10.00	All Year Availability
Spaghetti Bolognese Combo Homemade Vegetarian Spaghetti Bolognese served with Garlic Bread.	\$10.00	Term 2 & 3
Combo Upgrade		
Upgrade choice of beverage to Glee		+\$1.00
Essential Lunch Packs (Everyday)		
Spread Sandwich (Vegemite, Jam or Honey), Piece of fruit (apple, orange or banana), Vegi snack (carrot sticks or cucumber rounds), a sweet treat, choice of chip or popcorn variety, popper or Up&Go		\$10.00

Online Ordering via Flexischools App  
(Preferred Method)

Over the Counter Ordering  
(prior to school commencing between 8:15am - 8:40am)



P&F

WE INVITE YOU TO COME ALONG TO

# PARENTS & FRIENDS Annual General Meeting

Helping our children & school grow



MONDAY, FEBRUARY 9 @ 5.30PM  
IN THE CHAPLANCY HUB

**THE AGM IS A GREAT OPPURTUNITY TO:**

- Hear about the year ahead
- Get involved in supporting our school community

FOR MORE INFORMATION : PLEASE CONTACT SCHOOL OFFICE

# MUSIC TUTORS



We are proud to continue providing music lessons on campus, creating a convenient and supportive space for students to enhance their instrumental skills. With a variety of expert tutors available, your child can develop their passion for music right here at school.

Contact your preferred instructor today to arrange a session and let the music inspire!

Elliott Blackler: Guitar (Acoustic/Electric/Bass)  
Music Theory  
(Tuesday's)  
\$35 for 30min  
0426 690 602

Gwenda Aay:  
Piano/Brass/Woodwind  
(Wednesday's)  
\$30 for 30min  
0412 947 181

Mary Hawkins: Piano  
(Friday)  
\$25 for 30min  
0408 740 412

For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."

*Jeremiah 29:11*