



Thriving, Christ-Centred, Learning Community

FROM OUR PRINCIPAL

As we come to the end of Week 2, it's been wonderful to return from long service leave and see Carlisle buzzing with energy, learning, and connection. Stepping away for a short time gave me the space to pause, reflect, and appreciate what an incredible privilege it is to serve in this community. Time away often brings clarity, and for me, it was a reminder that what truly makes Carlisle special is not the buildings or programs, but the people who fill them each day.

Our staff have returned with fresh enthusiasm, our students have settled quickly into learning, and our families continue to show the support and encouragement that make such a difference. I've been particularly encouraged by how our values for the first fortnight Achievement through Growth and Respect through Politeness have been lived out. Growth doesn't happen by chance, it's built through persistence, curiosity, and courage. Likewise, politeness may seem small, but it is a powerful act of respect that strengthens our relationships and shapes a positive culture across the school.

In classrooms, on the playground, and at recent assemblies, I've seen so many moments of students supporting one another, trying their best, and working hard towards their achievements. These everyday examples of character and care reflect the heart of our school and our mission to help every child flourish.

As we look ahead, Term 4 promises to be full of highlights, from our swimming carnival to Awards Night and end-of-year celebrations. Let's continue to support one another with kindness, gratitude, and purpose as we bring another year of growth and faith to a close.



Dale Skinner

Term 4, Week 2
17 October, 2025

IMPORTANT DATES

READY SET PREP
SESSION 6
Wednesday, 22 October

GRANDPARENTS DAY
Thursday, 23 October

YEAR 12 DAY OUT
Friday, 24 October

PREP 2026 INFO
Monday, 27 October

YEAR 12 EXTERNAL
EXAMS BEGIN
Monday, 27 October

ORIENTATION DAY
Wednesday, 29 October

SWIMMING CARNIVAL
Wednesday, 5 November

MESH
Friday, 14 November

CARLISLE WAY

AT CARLISLE WE

CARE



CHAPLAINCY

TERM 4 CHAPELS – JESUS AND ETERNITY

This term, our chapel theme is Jesus and Eternity, focusing on building eternal character in our students. Each week, classes from Primary to High School are leading out in chapel, and we've seen a noticeable boost in student confidence and spiritual growth. We thank God for His Spirit moving in our school.



FINAL CHURCH SERVICE – CENTRAL MACKAY SDA

Join us on November 1 at Central Mackay SDA Church for our final school-led service of the year. We're aiming for strong student involvement and would love to see you there!

Date: 1 November 2026

Time: 10:30am – 12:35pm

**Location: Mackay Central SDA Church
83 Milton Street, Mackay**

You are cordially invited to attend.



CHAPLAINCY

MESH – MEETING, EATING, SHARING, HANGING

Our final MESH event for the year will be held on **Friday, November 14 (Week 6)** for Years 7–12. Dedicated to High School only!

Testimonials:

"I don't usually go to church, but MESH made me feel like I could be part of something," said a visitor from last MESH.

"It's so encouraging to see our teens connecting in a safe, positive environment," said one of the parents."

MESH is more than just a social it's a step toward our vision of a Thriving Campus Church, where students, families, and the wider community can connect, worship, and grow together.



BREAKFAST CLUB – THANK YOU!

At the end of Term 3, we reached out to our school community for support with our Breakfast Club, which runs on Monday and Friday mornings. The response has been overwhelming! From food donations to financial contributions, your generosity has made a real difference.

Thanks to your support, we've been able to provide nourishing breakfasts that help our students start their day focused and ready to learn. The impact on student wellbeing and classroom engagement has been significant.

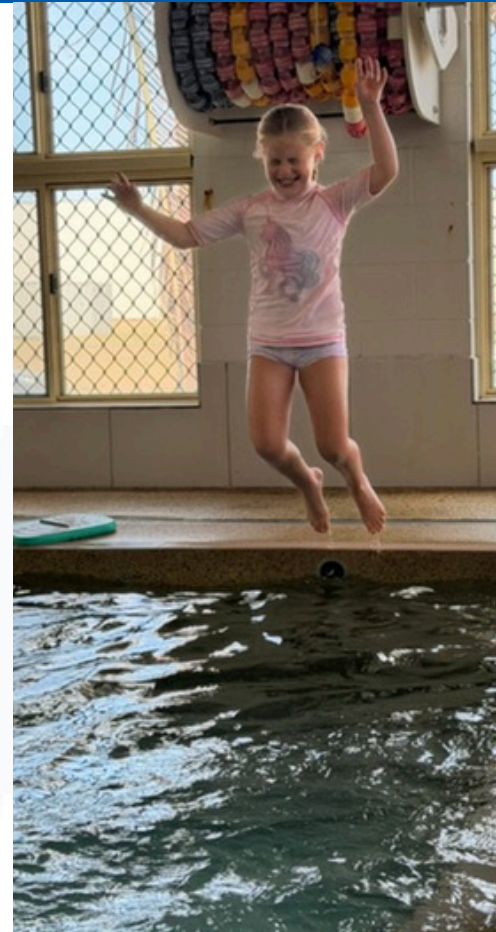
Our goal is to expand Breakfast Club to every school day in 2026 but we'll need more volunteers to make it happen. **If you're able to help, we'd love to hear from you.** Thank you again for being part of this vital ministry.



PRIMARY SPORTS

PRIMARY SWIMMING HAS BEGUN!

Our primary students have dived into the swimming season with plenty of excitement and enthusiasm! Each week, they've been developing their water confidence and improving their swimming skills through fun and engaging lessons. From floating and kicking to perfecting their strokes, students are giving their best effort and showing great progress already.



These lessons not only help build fitness and water safety awareness but also prepare everyone for our Primary Swimming Carnival, coming up on Wednesday, 5 November (Week 5). It's always a highlight of the term, a chance for students to showcase their skills, cheer on their friends, and celebrate the spirit of friendly competition.



SECONDARY SPORTS



This term, our secondary students are focusing on fitness and European handball during their sports sessions. Students have been working hard to build their endurance, strength, and teamwork through a variety of fitness activities and games.

European handball has quickly become a favourite, combining fast-paced action with strategy and coordination. Students are developing key skills such as passing, positioning, and communication, all while having fun and staying active.

It's been great to see such enthusiasm and sportsmanship across all year levels as students challenge themselves to grow both individually and as a team.



PRIMARY

CHALLENGE, TEAMWORK & TALK TO GOD EVERY MOMENT

Our Year 5/6 students recently returned from an exciting week at Echo Creek, held from Monday 13 October to Friday 17 October. This year's camp theme, "Challenge, Teamwork & Talk to God Every Moment," encouraged students to grow in faith, friendship, and confidence through hands-on activities and daily worship.

The journey began with a stop in Ayr for lunch before continuing on to Townsville for a short break at The Strand. Students spent their first night at Riverside before heading to Echo Creek the following morning. As the buses rolled into Tully, the group was greeted with steady rain - a true tropical welcome that set the tone for an adventurous week ahead!

Throughout the camp, students took part in a variety of activities including kayaking, team rotations, and evening challenges, all designed to build teamwork, resilience, and leadership. Worship and reflection sessions were held each evening, allowing students to connect spiritually and finish each day with gratitude and joy.

Our Carlisle staff team played a key role in making the experience smooth and enjoyable: Mr Humphries, Mrs Skinner, Mrs Stephan & Mr Abell.

Students also demonstrated wonderful independence through daily tidy checks, meal duties, and personal organisation.

A big thank you to our staff, parents, and students involved in making the 2025 Year 5/6 Camp a memorable experience. The students returned home tired but full of stories and gratitude for an incredible week together.



PRIMARY



A BRIGHT START TO TERM 4!



It's been wonderful to see our primary students back at school, refreshed and ready for another exciting term of learning and growth. The first two weeks have been filled with smiles, laughter, and plenty of energy as students have settled back into their classrooms and routines.

Our teachers have loved hearing stories from the holidays and watching friendships pick up right where they left off. New learning goals have been set, and students are already showing great enthusiasm and effort across all areas of school life.

The playground has been buzzing during breaks, with games, imaginative play, and teamwork on full display. In the classrooms, students have been diving into new topics, revisiting key skills, and showing what it means to live out our CARE values - Compassion, Achievement, Respect, and Effort.

With swimming lessons now underway and many exciting events still to come.



PRIMARY



LOOK HOW FAR OUR PREPS HAVE COME!

It's amazing to see how much our Prep students have grown this year in every way! From those first days when their shirts were a little too baggy and their school bags looked almost bigger than they were, to now, where uniforms fit just right and their bags actually look like school bags, not big backpacks!

Our Preps have come such a long way. They can now read simple books, write sentences, and use their growing knowledge of sounds and words to share their ideas. In Maths, they're confidently counting, adding, subtracting, and exploring patterns and shapes in the world around them.

Most importantly, they've learned about God's love and how He is always with them helping them grow in kindness, courage, and faith. It's been wonderful to see them pray together, sing songs of praise, and discover how special they are in God's eyes.

As they finish their very first year of school, we're so proud of how far they've come, ready to step into Year 1 with big smiles, strong hearts, and trust that God will guide them every step of the way.



IN THE CLASSROOM

WELCOME TO MRS NICOLENE RADEMEYER

You may have noticed a new face around the school since returning this term! We are excited to welcome Mrs Nicolene Rademeyer to our Carlisle community.

Originally from South Africa, Mrs Rademeyer spent the past 27 years living and teaching in New Zealand, where she developed a love for helping students grow and discover their potential. With countless years of teaching experience, she brings with her a wealth of knowledge, energy, and care for her students.

Now calling Australia home, Mrs Rademeyer is enjoying settling into life in Mackay and exploring all that our beautiful region has to offer. From the beaches to the friendly community, she's already feeling welcomed and at home.

Mrs Rademeyer has a 19-year-old daughter who is studying Early Childhood Education, inspired by her mum's lifelong passion for teaching. Outside of the classroom, Nicolene enjoys spending time reading, relaxing, and discovering new places.

We are thrilled to have Mrs Rademeyer join our team and look forward to the enthusiasm, kindness, and expertise she will share with our students and staff. Please join us in making her feel welcome!



SECONDARY

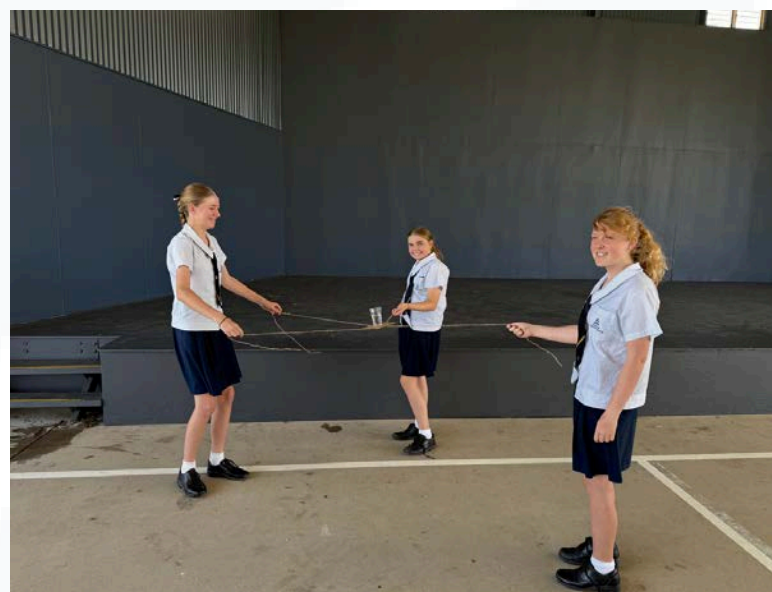
YEAR 7 SCIENCE

– LEARNING THROUGH BALANCE AND TEAMWORK

Our Year 7 Science students have been exploring Newton's Laws of Motion through a fun and practical challenge. In this hands-on activity, students worked in teams to balance a cup of water on a piece of cardboard, using strings attached to each corner. Their goal? To walk from one end of the shed to the other without spilling the water!

This creative experiment encouraged students to think about forces, motion, and balance all key concepts in Newton's Laws. It also highlighted the importance of teamwork and communication, as each group had to coordinate their movements carefully to keep the water steady.

Laughter, focus, and plenty of scientific thinking filled the shed as students discovered how small adjustments and steady teamwork can make all the difference. What a great way to see science in action!



SECONDARY



Our senior Outdoor Recreation Certificate II students recently travelled to Cairns with Miss Mene and Mr Mataafa to complete the practical and final component of their qualification. This involved working with professional diving instructors, completing theory assessments, and undertaking four official open-ocean scuba dives—each requiring specific underwater tasks to meet course requirements.

All nine participating students represented our school with exemplary courtesy and professionalism. The instructors commented on how much of a pleasure it was to work with them, noting their respectfulness, teamwork, and focus as they successfully completed their dives.

We are deeply grateful to the Cairns Seventh-day Adventist Church family and Pastor Levi for their warm support and assistance during the trip.

We are immensely proud of our senior students for representing our school with excellence, maturity, and integrity.



CELEBRATING YEAR 12

YEAR 12 BREAKFAST AND SPECIAL ASSEMBLY

Our school community came together for a special breakfast and assembly to celebrate our Year 12 students as they conclude their schooling journey. It was a heartfelt morning filled with blessings, encouragement, and reflection. The Year 12s shared their experiences, memories, and words of advice with the younger students, while staff offered their own blessings and guidance for the future.

We are reminded that Christ will continue to watch over and guide them, giving them strength for their upcoming exams and for everything they do in life. We are deeply grateful to have been part of their journey and to have witnessed their growth throughout their years at Carlisle.



CELEBRATING YEAR 12

YEAR 12 AUCTION

The whole school came together in excitement for our much-loved Year 12 Auction, a highlight of the end-of-year celebrations. Laughter and friendly competition filled the air as students and staff bid for the opportunity to “own” one of our graduating Year 12s for the day.

Once the auction wrapped up, the successful bidders proudly took their Year 12s back to their classrooms, where the fun truly began. Our seniors were fantastic sports, joining in games, helping with simple classroom tasks, and even taking on a few challenges set by the students. Some went the extra mile by treating their classes to snacks and special surprises, making the day even more memorable.

The event was filled with joy, teamwork, and plenty of laughter, creating a wonderful sense of connection across the school. Best of all, the funds raised from the auction will go towards the Year 12s' legacy gift, a meaningful contribution that will leave a lasting reminder of this cohort's spirit and generosity.



EVENTS

23 OCTOBER **GRANDPARENTS' DAY**

Thursday, 23 October

Location: The Shed

Time: 2:00 – 3:00PM

Join us for a special afternoon celebrating
our wonderful grandparents!

- ✦ Afternoon tea provided
- ✦ Student performances
- ✦ Book stall – purchase a book to donate to our school library

We look forward to sharing this memorable afternoon with you.

FUNDRAISING

AVONDALE TRIP 2026

Each year, our Year 11 students travel to Sydney to experience Avondale University. Fundraising efforts for this trip are already well underway, with our Year 10 students beginning to plan for their trip next March. You can help support them by participating in the following fundraisers:



SUPPORT OUR STUDENTS' AVONDALE TRIP!

EVERY TUESDAY AT HAZEL'S KITCHEN - SECONDARY LUNCH



SLUSHIES - \$2
TOASTIES - \$3



GRAB A TREAT & HELP OUR YEAR 10 STUDENTS MAKE THEIR TRIP UNFORGETTABLE!

SWIMMING CARNIVAL FUNDRAISER!



CHIPS & SOFT DRINKS FOR SALE!



Price: \$2 each



When: During the Swimming Carnival
Support our students while enjoying a tasty treat!
Don't miss out!

RENOVATIONS COMPLETE



Renovations on the shed are now complete! Students have been making great use of the new basketball hoops, and soon they'll enjoy using the removable tennis nets for even more variety. This versatile space is perfect for everything from sports and PE lessons to assemblies and special events. We give thanks for the fresh new look and the many years of enjoyment ahead.



ACHIEVEMENT

CARLISLE FULL OF HIGH ACHIEVERS

Carlisle students continue to shine both on and off the field, showing that hard work and dedication truly pay off!

Over the school holidays, India travelled to Brisbane to represent Mackay in the U12 Basketball State Championships (Division 1). Her team won five out of seven games, placing an impressive 5th in Queensland. Through her determination and tough style of play, India was ranked among the top 15 players in the State.

A big shoutout also goes to Liam Osbourne, who competed at the same championships in Division 1, where his team took home the bronze medal. Both athletes have shown incredible skill and sportsmanship and have a bright future in sport.

Carter had an unforgettable experience overseas, being selected to attend elite soccer camps with West Ham in the UK and Cagliari Calcio in Italy. He has been training alongside academy teams, gaining valuable experience and developing his skills at an international level.

In the performing arts, Jessica had a very enjoyable two weeks at the Mackay Eisteddfod, competing with her dance school and achieving outstanding results; 2nd place in Ballet and 1st place in both Drama and Musical Theatre.

Her sister, Jillian, has also been busy with her horses, competing at the Pioneer River Valley Pony Club where she earned Reserve Champion in her age group, stepping up to 80/90cm and qualifying for the State Championships. Over the holidays, she welcomed a new horse to her team and recently competed at the Sarina Pony Club, placing 1st overall in her age group and securing more state qualifiers.

Carlisle is certainly full of talented and hardworking students, and we couldn't be prouder of their achievements!



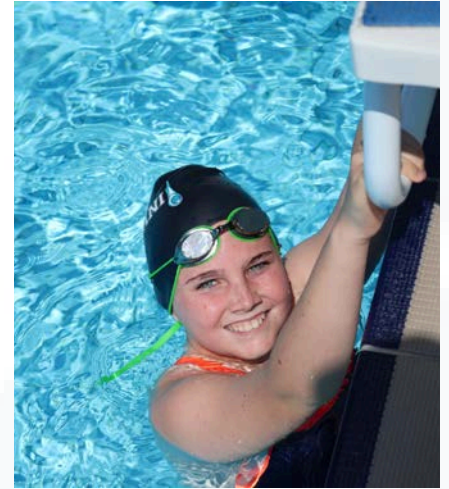
UPCOMING

Our annual Swimming Carnival will be held at the Mackay Aquatic & Recreation Complex from 8:30 am to 2:30 pm.

Students should arrive by 8:15 am and bring swimwear, towel, goggles, sunscreen, water bottle, and a change of clothes. The canteen will be open, or students may bring their own food.

Parents are responsible for transport to and from the venue. Students using the regular bus service or OSHC will travel by the school bus.

We look forward to a fantastic day of fun, teamwork, and school spirit!

A large background image of a swimmer in a pool, with a swimmer's legs and arms visible above the water surface, creating a dynamic splash.

CARLISLE
ADVENTIST COLLEGE

SWIMMING CARNIVAL

CARNIVAL DATE
NOVEMBER 5, 2025

8:30 - 2:30PM

LOCATION

Mackay Aquatic & Recreation Complex
193 Boundary Rd, Ooralea QLD 4740

COME ALONG AND COLLECT POINTS FOR YOUR HOUSE





Every day Menu

Mon:

Lasagne \$5.00
Zucchini Slice \$5.00
1/4 Pizza \$5.00
(Cheese or Veggie)

Wed:

Wedges w/ Sauce \$5.00
Loaded Wedges (Sour Cream, Cheese & Sweet Chilli Sauce) \$6.00
Veggie & Salad Burger \$6.00

Class Room

Is it your Birthday?
Enjoy Peace of Mind when you can order a Class Pack of Zooper Doopers \$10.00

Fri:

Potato Bake \$5.00
Fritters (2) \$5.00
Fried Rice \$5.00

Basics:

Sandwich \$2.50
(Vegemite, Vegemite & Cheese, Honey, Jam or Spaghetti)
Want it Toasted? +\$0.50
Fresh Salad Sanga \$3.50
Fresh Salad Roll \$3.50
Fresh Salad Wrap \$3.50

Every day Menu

hotbox

Dog Rolls \$2.50
Spinach & Feta Roll \$4.00
Vegetarian Roll \$4.00
Garlic Bread \$1.00

Sweet Treats

All \$2.00
Pikelets with Jam
Banana Bread
Choccy Weetbix Slice
Muesli Slice
Carrot Cake
Savoury Scone

Desserts

Mini Frozen Yogurt \$1.50
Frozen Yogurt Cup \$3.00
Crush Frenzy \$0.50
Zooper Dooper \$0.50
Frozen Popper \$2.00

Salads

Garden Salad \$5.00
Caesar Salad \$5.00
Greek Salad \$6.00

Snacks

Seasonal Fruit \$1.50
Fruit Salad Cup \$4.00
Yogurt Cup \$3.00
Jelly Cup \$2.00
Custard Cup \$2.00
Boiled Egg \$1.00
Chip Variety \$2.00
Popcorn Variety \$2.00
Cookies \$1.00

Every day Drinks

\$2.00 Juice

Apple Juice
Apple & Black Current
Orange
Golden Pash

Smoothies

\$4.00
Mixed Berry
Malt & Honey
Choc Banana
Dairy Free Option Available

Other

Ribena \$4.00
Sparkling Water \$2.00
Water \$2.00

\$2.00 Milks

Breaka Chocolate
Breaka Strawberry

Up&Go

\$2.00
Caramel
Strawberry
Chocolate
Banana
Vanilla
Vanilla Dairy Free
Chocolate Dairy Free

**SAVE TIME,
ORDER  ONLINE!**

We're excited to introduce Flexischools, the all-in-one cashless school app.

This means that you can now quickly place canteen orders online through the Flexischools app!



Download the *Flexischools* app to get started today!



The P&F committee welcomes parents and friends to come along to our next meeting

Monday 3 November 2025

6:30 - 6:30PM

Chaplains Room



CARLISLE
ADVENTIST COLLEGE

OSHC

October is Mental Health Awareness Month, and here at OSHC, we are placing a strong focus on kindness, respect, and building positive self-worth among our children. Our educators are committed to fostering an environment where every child feels valued, supported, and empowered to express themselves.

This week, the children participated in a group activity designed to spark meaningful conversations and self-reflection. Each child was given a dice, and depending on the number they rolled, they were asked a question that encouraged positive thinking and emotional awareness.

Here are the thought-provoking questions linked to each number:

- 1 – What went well today?
- 2 – How would the people you love describe you?
- 3 – What are some positive things going on in your life?
- 4 – What activity always cheers you up?
- 5 – Describe one thing you are grateful for.
- 6 – Name one thing you like about yourself.

It was wonderful to see the children engage thoughtfully with the questions and share their feelings and ideas with one another. These kinds of activities help build emotional intelligence and confidence, and are just one way we support wellbeing in our OSHC program.

If you're looking for a place in OSHC, we currently have vacancies available! Our service runs during the following hours:

Before School Care: 6:30am – 8:15am (Monday to Friday)

After School Care: 3:00pm – 6:00pm (Monday to Thursday), and 3:00pm – 5:30pm on Fridays

We also offer an engaging Vacation Care Program during school holidays.

Our passionate OSHC team includes:

Mrs Sandra Wilde- OSHC Director

Mrs Pauline Tyler

Mrs Tanya Cochran

Mr Isaiah Galindo

Miss Sky Neal

Miss Jodey Simpson



We are proud of the nurturing environment we provide and would love to welcome new families to our OSHC community.

[Parent Portal](#)



We had such a fun day in Kindy today! The children loved exploring the yard this morning, finding so many ways to learn and play outdoors. Inside, they discovered four large cardboard boxes and used their imaginations to turn them into cars, beds, and boats. In the sandpit, a group worked together to build and decorate a giant volcano using natural materials.

As part of our learning about frogs, the children created lily pads and coloured frogs with scented markers that smelled like mint—sparking a great chat about growing our own mint plants!

In the afternoon, we visited the library to read and choose books to bring back to Kindy, finishing the day with a quick play at the playground. What a wonderful Thursday!





MAC
YOUTH

SUMMER CAMP

5 - 9 JAN 2026

AGES: 10 - 16

QUINOLA LAKES,
83 ANDRICKSON
RD, MALANDA
QLD 4880

NORMAL PRICE
\$420.00

SCAN THE QR CODE OR CLICK
THE LINK TO REGISTER



*Whoever believes in me, as
Scripture has said, rivers of living
water will flow from within them.*

John 7:38



Parliament & Civics Education Rebate

The Parliament and Civics Education Rebate (PACER) program is an Australian Government initiative that provides financial assistance to support students' on-site learning about national democratic, historical and cultural institutions in Canberra, the nation's capital.

Students from our school recently undertook an education tour of the national capital. During the tour, they had the opportunity to participate in a variety of educational programs focusing on Australia's history, culture, heritage, and democracy.

The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families with the cost of the excursion, the Australian Government contributed funding of \$225 per student under the Parliament and Civics Education Rebate program. This rebate is paid directly to the school following the completion of the excursion.