

FROM OUR PRINCIPAL

Dear Carlisle Families,

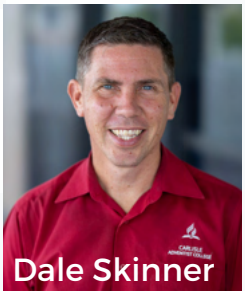
As I reflect on the past few weeks, the energetic pulse of learning and personal growth has been thriving within our classrooms. Our students have been working on and completing assessments, while our dedicated teachers have been preparing for report writing.

One of the highlights, undoubtedly, was watching our students participating in the gala sports against Whitsunday Christian College. Their display of sportsmanship, resilience, and teamwork was inspiring. They played with fairness, determination, and most importantly, they played with heart. We received feedback about the harmony and positive interactions among the students, which was heartening to hear. Observing our students uphold the Carlisle Way, both on and off the field, was a truly humbling experience.

This brings me to our theme for this year - "Pulling Together." It is about fostering unity and strengthening the bond of our school community. It's about understanding that every individual, every effort, every triumph or setback, is a part of our collective journey. Our students' performance at the gala sports was a testament to this spirit of unity and collaboration.

As we move forward, I am confident that we will continue to see this theme manifest in our classrooms, our sports fields, and in our community interactions. So, let's keep 'pulling together', supporting each other as we navigate the rest of this academic year.

Thank you for your continued support and commitment to the Carlisle Way.


Dale Skinner

Term 2, Week 6: May 24th, 2024

IMPORTANT DATES

NORTH CHURCH SERVICE
Saturday, 1st June

YEAR 4 CAMP
Wednesday, 5-7th June

YEAR 3 CAMP
Thursday, 6-7th June

CAKE FESTIVAL
Saturday, 8th June

SECONDARY OPEN NIGHT
Tuesday, 11th June



ANNOUNCEMENTS

SECONDARY OPEN NIGHT

Discover the brilliance of our students at Secondary Open Night on June 11th. Join us for an inspiring evening filled with talent, creativity, and achievement. See firsthand how our students shine in academics, arts, and beyond. Don't miss this opportunity to witness excellence in action!

Click here to reserve your spot.



PREP OPEN DAY

Current parents, please spread the word!

Invite your friends to our open day and let them experience what makes our school special.



Prep Open Day, registration link. Click here.



ANNOUNCEMENTS

STAY HEALTHY



A reminder that we stay vigilant and continue to support our vulnerable students by keeping those with sore throats, runny noses and/or temperatures at home until symptoms pass. We appreciate your support and cooperation in helping to keep our School Community as healthy as possible. While it is impossible to avoid all infections, by taking precautions we can lower the risk of catching and spreading them to each other and to particularly vulnerable classmates.

ASTHMA & ALLERGIES

It's crucial for schools to have action plans for students with asthma or allergies to ensure their safety and well-being. These plans outline specific steps to take in case of an emergency and can help prevent potentially dangerous situations. If your child has asthma or allergies, providing the school with an action plan from their doctor is essential for effective management and support.



ANNOUNCEMENTS

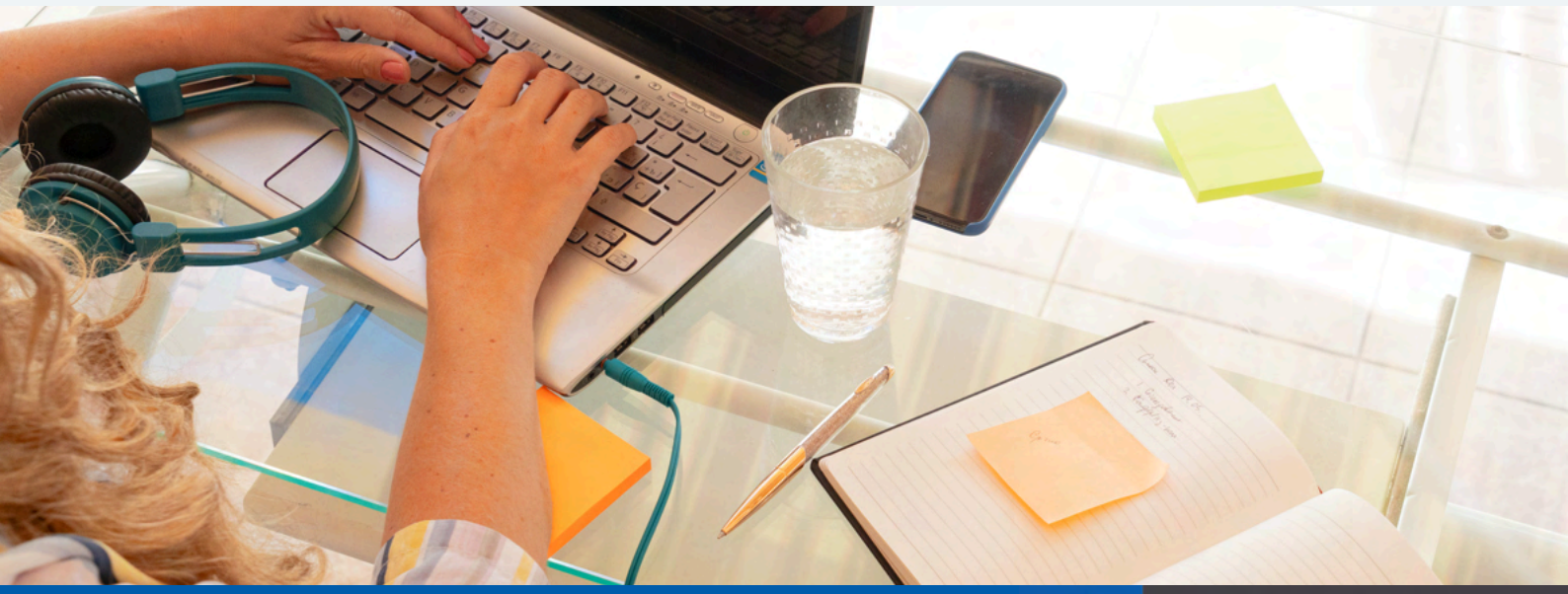
YEAR 7-10 EXAM BLOCK

As the Year 7-10 exam block is next week, it's important to start preparing now. Here are a few study tips:

1. Create a Study Schedule: Allocate specific times for each subject based on the timetable. Stick to it to ensure all subjects are covered.
2. Understand the Exam Format: Familiarize yourself with the types of questions and format of each exam.
3. Review Notes and Textbooks: Go through your class notes and relevant textbook sections to reinforce key concepts.
4. Practice Past Papers: Completing past exam papers can help you get used to the question format and time constraints.
5. Stay Healthy: Ensure you get enough sleep, eat well, and take regular breaks to keep your mind fresh.

Good luck with your exams!

Term 2 Exam Block – Yr7-10 Week 7	Monday 27 May	Tuesday 28 May	Wednesday 29 May	Thursday 30 May	Friday 31 May
Periods 1			Year 7 Language		Year 7 HPE
Periods 2		Year 10 Encounter			
Periods 3					Year 7 History
Periods 4		Year 10 HPE	Year 10E Maths		Year 9 HPE
Periods 5		Year 8 HPE		Year 9 Business	
Periods 6				Year 9 Business	



ANNOUNCEMENTS

CARLISLE
ADVENTIST COLLEGE

CARLISLE CAKE FESTIVAL

Join us at Carlisle Adventist College on
8th June, 6pm
for a sweet and fun-filled evening!

🎂 **SILENT & LIVE CAKE AUCTIONS:**
Bid on your favorite cakes!

🍹 **DRINKS CAFE & DINNER:**
Refreshments and meals available for purchase.

🏆 **CAKE EATING CONTEST:**
Challenge our champions for the first time ever!

🥧 **PIE FACE STATION:**
Have a laugh with our year 12 students and teachers!

Bake a cake, buy a cake, or just join us for the fun.
See you there!

ANNOUNCEMENTS

SCHOOL PHOTOS

Special Groups

If your child appeared in any special extra-curricular group photos, your child will bring home an envelope for these specific groups in approximately 2 week.

If your child does not bring home a special group envelope and you are expecting one, please contact MSP Photography directly.

Photo Delivery

School photo packages will be delivered to the school in approximately 28 days.
The class teacher will hand your child(ren)'s photo pack to them in class for them to bring home to you.

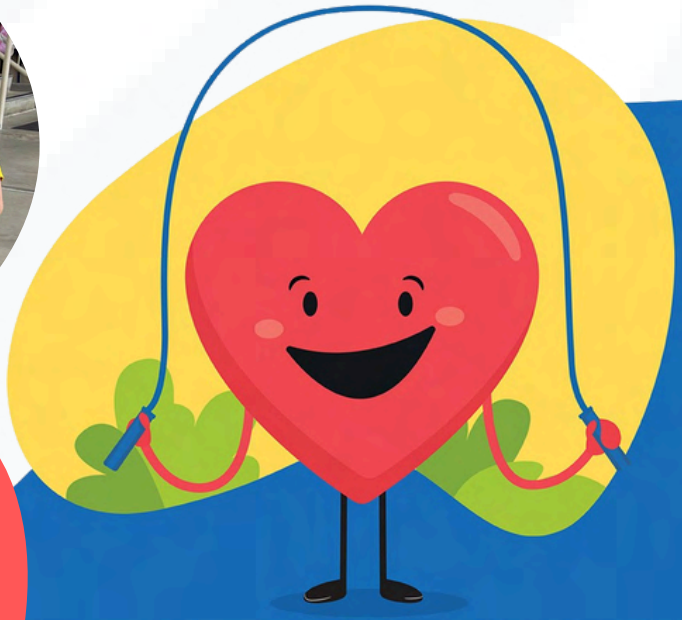
If your child does not bring home their photo pack, please first check with the class teacher then the school's front office. If the class teacher or school cannot help, please phone office directly.
07 4921 3355

Late Orders

If you wish to place an order after photo day, please visit www.mspqld.au



jumprope.org.au/parents to register.



Our students have been jumping for joy, over funds that have been raised so far, but we need your help to reach our goal.
This incredible program helps raise awareness and funds for heart disease and stroke research, while also promoting heart- healthy habits in our students.

Jump Along with Happy Heart!

CARLISLE WAY AWARDS



Every week we celebrate one of our CARE values. Here are the recipients of the Carlisle's Way Award for Week 5 & 6



STUDENT WELFARE



Every week one primary class is awarded for their CARE values.

Here are the recipients for Weeks 5 & 6.





CHAPLAINCY





Our vision at Carlisle Adventist College is "to be a thriving Christ-centred learning community." This vision is especially important to the Chaplaincy team. Our program includes many opportunities to drive us in this direction. Our chapels are just one example.

Last week, I was blessed to share with our secondary school students how they are treasured by God. In Exodus 19:5, God calls the Israelites His “special possession.” What is the most valuable thing in your life? We have many things that we value, however, in God's eyes, there is nothing in the whole universe that is more valuable than you and I. We know this is true because the cost to redeem us was the life of His one and only Son.

The primary chapels were combined last week to host a crew from Quiz Worx, who, with puppets, songs, and lots of fun, shared the story of the lost sheep and the Shepherd who is both strong and kind—strong to protect us and kind to forgive us and look after us.

In partnership with you, our parents and carers, we will continue to share the love of God with our children so that we can truly be a “thriving Christ-centred learning community.”

HEALTH

Ensuring our children have nutritious meals is more crucial than ever. A healthy lunch not only fuels students bodies but also their minds, paving the way for better concentration, higher energy levels, and improved academic performance.

A balanced lunch provides essential nutrients that support growth, cognitive development, and overall well-being. Whole grains, lean proteins, fruits, and vegetables supply the vitamins and minerals needed for students to thrive. Unlike sugary snacks, a nutritious meal offers sustained energy throughout the day. Foods rich in complex carbohydrates, fiber, and protein help maintain stable blood sugar levels, preventing the mid-afternoon slump that can impede learning and participation.

A healthy diet has a direct impact on the brains functions. Nutrient rich foods enhance memory, attention span, and problem solving skills, making it easier for students to engage and excel in their studies. Encouraging healthy eating habits at school sets the foundation for lifelong wellness. Children who learn to appreciate nutritious foods are more likely to continue making healthy choices as they grow.

While occasional treats like lollies can be enjoyed in moderation, they are best reserved for home. Lollies are packed with sugar, which can lead to quick spikes and drops in blood sugar levels. This rollercoaster effect can result in decreased concentration and energy crashes, hindering students ability to focus. Sugary treats often displace more nutritious options, leading to a lack of essential nutrients that are crucial for a child's growth and learning. Frequent consumption of sugary snacks can contribute to tooth decay, which is not only painful but can also distract students from their studies. High sugar intake has been linked to hyperactivity and mood swings. By limiting these treats to home, we help create a more stable and productive learning environment.

Parents and caregivers play a vital role in fostering healthy eating habits. Here are some tips for packing a nutritious lunch: Include a variety of foods, ensure each lunchbox has a mix of fruits, vegetables, whole grains, and proteins, limit processed foods, opt for fresh, whole foods over pre-packaged items high in sugar and unhealthy fats, hydration, encourage water as the primary drink, avoiding sugary sodas and juices, involve the kids, let children help plan and prepare their lunches to increase their interest in healthy eating.

By prioritising healthy lunches and keeping lollies for home, we can support our students in achieving their full potential, both academically and personally. Let's work together to make our school a place where good nutrition fosters bright futures.



WELLBEING









Today, students were absolutely thrilled by an electrifying 90-minute event brought to them by Reconcile Life and JC Action Sports. As part of the inspiring Good Ways Campaign, this session aimed to empower students to recognise and safely counteract Domestic and Family Violence (DFV) within their communities. The highlight was an adrenaline-pumping hour-long performance featuring professional scooter and BMX riders pulling off jaw-dropping tricks on a half-pipe mounted on the back of a truck. Adding to the excitement, a professional rapper joined the show, blending high-energy music with gravity-defying stunts. This captivating display delivered a powerful message promoting anti-bullying and safe actions.

RECONCILE LIFE
PTY LTD

SPORTS





















Carlisle Triumphs against Whitsunday Christian College

The secondary students had a bright and early start on Wednesday as some of the students embarked on a 7am road trip to Whitsunday Christian College. The students represented Carlisle with pride, securing victories in all their matches, including Junior and Senior Touch, Girls and Boys Basketball, and Girls and Boys Volleyball. The Whitsunday Christian College team was very hospitable, treating our students to a delicious sausage sizzle after an exhilarating morning of competitions.

It was a memorable experience for our students, filled with sportsmanship and camaraderie.

Meanwhile, our primary students had an equally exciting day on Thursday on home ground playing soccer and basketball against Whitsunday Christian College. Carlisle triumphed in Boys Basketball, Boys Soccer, and Girls Basketball. After the games, everyone enjoyed a tasty lunch of hot chips and garlic bread, topped off with refreshing Zooper Dooper.

Overall, it was a fantastic week of sports, food, and fun for our selected Carlisle students.



SPORTS

Inter-schools Sports Update





Our volleyball team continues its winning streak, securing victories every week. Last week's win marks our fourth consecutive triumph!

This Wednesday, we have the high school gala day featuring our volleyball, touch, and basketball teams. I'll be capturing all the action with photos.

In basketball news, our teams recently competed in Townsville. The girls' team finished 4th out of 7 teams, and the boys' team placed 4th out of 9.

Our futsal teams also delivered impressive performances, with four boys receiving invitations to play in the national futsal competition.

Our athletes have been training hard and are focused on upcoming competitions in the Gold Coast and the Adventist National Games. We're proud of their dedication and achievements!



IN THE CLASSROOM

Primary Classes



Monkey Baa Drama Workshop

Students from Years 3 to 6 recently took part in an exciting 1-hour workshop led by a drama teacher from the renowned Monkey Baa Theatre Company. The session focused on "The Peasant Prince," a drama that our primary school students will see at the MECC next month. Through engaging activities, students had the opportunity to build confidence and explore their creativity, setting the stage for an enriching theater experience.









IN THE CLASSROOM

Year 5 - ART



Students Explore First Nations Art Techniques

Last week, students delved into the rich traditions of First Nations art by learning to create artworks using ochre crushing and stenciling techniques. They discovered how to crush ochre, a practice rooted in cultural history, and applied both negative and positive stenciling methods to their creations. This hands-on experience not only enhanced their artistic skills but also deepened their appreciation for Indigenous cultural practices.







IN THE CLASSROOM

Year 6 - Science



Irreversible Scents

This week in Year 6 Science, in studying the reversible and irreversible changes heat and some combinations of chemicals can cause, we made something potentially edible. Whilst there were some experiments that worked out tastier than others, all the results proved to be scientifically and unequivocally permanent! Many, in fact, continued the irreversible change by adding saliva and stomach acid to the mix. The verdict? More nutritious than delicious!







IN THE CLASSROOM

Year 7 Science





A couple of weeks ago, our Year 7 students engaged in a unique and educational experience by dissecting rats as part of their science curriculum. This practical exercise allowed them to explore and understand the internal organs and their functions first hand.

The dissection activity is closely tied to their current studies on food chains and ecosystems. By examining the anatomy of rats, students gained insights into how different organs contribute to the survival of an organism within an ecosystem. This hands-on approach not only reinforced their academic knowledge but also sparked curiosity and deeper understanding of biological processes.

Students were guided through the dissection by their science teachers and senior students, who ensured a safe and informative environment. The activity underlined the importance of each organ and its role, linking these findings back to broader ecological concepts such as predator-prey relationships and energy transfer within food chains.

Overall, the rat dissection was a memorable and impactful lesson, blending practical skills with scientific inquiry, and furthering our students appreciation of the complexities of living organisms and their ecosystems.



COMMUNITY

We're reaching out to share some exciting news and an opportunity for you to support a great cause in our community!

ADRA, our local op-shop, is a vital part of our town, providing goods and services to the community all year round. What makes ADRA unique is its Sunday opening hours, from 10 am to 1 pm, offering convenience to our residents when they need it most.

During the school term, our dedicated teachers generously donate their time to run ADRA, ensuring its smooth operation and continued service to the community. We're incredibly grateful for their commitment and support.

Now, here's where you come in. Thanks to the ADRA manager, the funds raised during the school holidays will directly contribute to the Year 12 service trip. This trip is a transformative experience for our students, allowing them to make a meaningful impact while learning about health and hygiene in Cambodia.

By supporting ADRA and the Year 12 service trip, you're not only helping our students achieve their goals but also making a positive difference in the lives of others. Your contribution goes beyond financial support; it's a gesture of solidarity with our community and a commitment to creating a better world for all.

Whether it's through donations, volunteering your time at ADRA, or spreading the word, every little bit helps. Together, we can make a significant difference.

Thank you for considering this opportunity to support ADRA and our Year 12 students. Your generosity is greatly appreciated, and we look forward to seeing the positive impact we can create together.



OSHC







OSHC would like to acknowledge the traditional owners of this land, the Yuwi People. We pay our respects to Elders past, present and emerging.

Where has the time gone? We are already in week 6, and vacation care is approaching. The children in OSHC were blessed with a donation of games and dress-up clothes from one of our families, and they loved playing with their friends in the different games. One game was 'Don't Wake Up the Dog', where they had to try to get the dog's bones out of his bowl without waking him, and another was 'Operation'.

We're incredibly grateful for the recent donation of craft materials from one of our families. The children have been having a great time using the empty bubble bottles and putting glitter into them, and then some water, which made little sensory bottles. These materials have added a new dimension to their creative play, and we're so thankful for your generosity.

During one of our group times, the children had a fantastic team-building experience. They had to work together outside, using hula hoops to get from one side of the shed to the other. This activity was all about helping the younger children and practising patience, not about who finished first. They also did a fun group activity where they had a bingo sheet and had to find a friend who could do something on the sheet. This inclusive activity was a great way for them to bond and support each other.

I sent out the program and booking forms this week on Monday. If anyone needs a booking, please fill in the booking form and either hand it to me or email it to the OSHC email address.

OSHC

CARLISLE ADVENTIST COLLEGE

OUTSIDE SCHOOL HOURS CARE

June /July Vacation Care 2024

OSHC Booking Form

Parent / Guardian Name: _____ Date: _____

E-Mail Address: _____ Contact Number: _____

	Childs Name	Date of Birth	Age
1			
2			
3			
4			

Please tick the required days.

Monday 17/6		Monday 24/6	
Tuesday 18/6		Tuesday 25/6	
Wednesday 19/6		Wednesday 26/06	
Thursday 20/6	Mackay Show Day	Thursday 27/6	
Friday 21/6		Friday 28/6	
Monday 1/7		Monday 8/7	
Tuesday 2/7		Tuesday 9/7	
Wednesday 3/7		Wednesday 10/7	
Thursday 4/7		Thursday 11/7	
Friday 5/7		Friday 12/7	

Note: Fees will be charged to bookings unless 24 hours' notice is provided.

Parent / Guardian Signature: _____

Office use only:

Enrolment form complete:	
Entered in Computer (date):	
Staff Name:	
Email Confirmation:	
Sent to Parent (Date):	
Staff Name:	

PROCEDURES

consent2go

Make the Most of the Consent 2 Go App!

We would like to remind our parents about the valuable resource available through our school app – Consent 2 Go. This app has been around for a while and continues to be an essential tool for staying informed and managing important school-related tasks.

Features of the Consent 2 Go App:
- **Unified Family Records:** View and manage all your family records in one easy-to-use interface.
- **Event Responses:** Quickly update your responses to your child's school and sporting events.
- **Medical and Contact Updates:** Provide and update critical medical details and contact information.
- **Event Notifications:** Receive timely notifications about upcoming events so you never miss out.

If you haven't already done so, please download and install the app on your mobile device. Remember, you will need to register the first time you access it.

Please note, this app is exclusively for parents within our school community.

For more information and download instructions, please refer to the following link:

Consent 2 Go Parent Information



ADVERTISEMENT



The Dates:
2nd July | 3rd July | 4th July | 5th July
Location:
South Brisbane - Mansfield, 4122
Gold Coast - Southport, 4215
Age Group:
Grade 4 - 12 students
Time:
9.00am to 4.30pm!

4 Days. 300+ athletes. Heaps to learn.

Check out our website for more information!

www.sharksvolleyball.com/sharks-camp




Excel in Truth and Grace









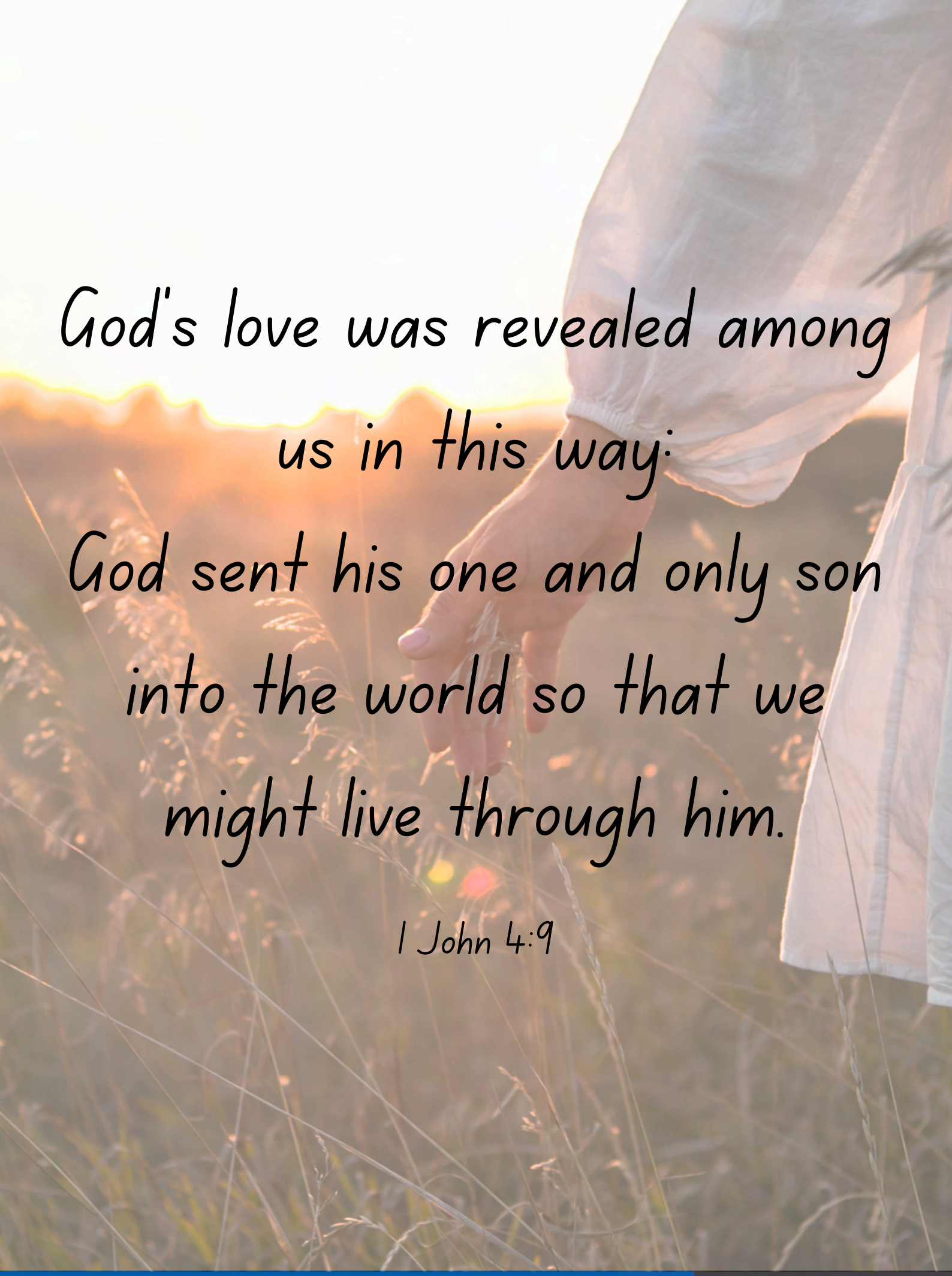











God's love was revealed among us in this way:
God sent his one and only son into the world so that we might live through him.
1 John 4:9